

Safety profile proven comparable to acyclovir in clinical trials

In recurrent genital herpes, the most common adverse events with VALTREX versus placebo are mild and include headache (17% vs 14%) and nausea (6% vs 8%). For herpes zoster, the most common adverse events with VALTREX versus acyclovir are mild and include nausea (16% vs 19%) and headache (13% vs 13%).

Reference:

- de Miranda P, Burnette TC, Smith C, Harrington J, Reardon J. Mechanisms of the enhanced oral bioavailability of acyclovir with the prodrug valacyclovir HCl (VALTREX™). Presented at the 34th Interscience Conference on Antimicrobial Agents and Chemotherapy, October 4-7, 1994; Orlando, Fla. Abstract A70.

BRIEF SUMMARY

VALTREX®

(valacyclovir hydrochloride)

Caplets

CONTRAINDICATIONS: VALTREX is contraindicated in patients with a known hypersensitivity or intolerance to valacyclovir, acyclovir, or any component of the formulation.

WARNINGS: THROMBOTIC THROMBOCYTOPENIC PURPURA/HEMOLYTIC UREMIC SYNDROME (TTP/HUS), IN SOME CASES RESULTING IN DEATH, HAS BEEN REPORTED IN PATIENTS WITH ADVANCED HIV DISEASE AND ALSO IN BONE MARROW TRANSPLANT AND RENAL TRANSPLANT RECIPIENTS PARTICIPATING IN CLINICAL TRIALS OF VALTREX. VALTREX IS NOT INDICATED FOR THE TREATMENT OF IMMUNOCOMPROMISED PATIENTS. THIS SYNDROME HAS NOT BEEN OBSERVED IN IMMUNOCOMPETENT PATIENTS TREATED WITH VALTREX IN CLINICAL TRIALS.

PRECAUTIONS: The efficacy of VALTREX has not been established in immunocompromised patients or for the treatment of initial genital herpes infection, disseminated herpes zoster, or suppression of recurrent genital herpes.

Dosage adjustment is recommended when administering VALTREX to patients with renal impairment (see DOSAGE AND ADMINISTRATION). Caution should also be exercised when administering VALTREX to patients receiving potentially nephrotoxic agents since this may increase the risk of renal dysfunction and/or the risk of reversible central nervous system symptoms such as those that have been reported in patients treated with intravenous acyclovir.

Information for Patients: Herpes Zoster: There are no data on treatment initiated more than 72 hours after onset of the zoster rash. Patients should be advised to initiate treatment as soon as possible after a diagnosis of herpes zoster.

Recurrent Genital Herpes: Patients should be informed that VALTREX is not a cure for genital herpes. There are no data evaluating whether VALTREX will prevent transmission of infection to others. Because genital herpes is a sexually transmitted disease, patients should avoid contact with lesions or intercourse when lesions and/or symptoms are present to avoid infecting partners. Genital herpes can also be transmitted in the absence of symptoms through asymptomatic viral shedding. If medical management of a genital herpes recurrence is indicated, patients should be advised to initiate therapy at the first sign or symptom of an episode. There are no data on the effectiveness of treatment with VALTREX when initiated more than 24 hours after the onset of signs or symptoms.

Drug Interactions: An additive increase in acyclovir AUC and C_{max} was observed when VALTREX was administered to healthy volunteers who were taking cimetidine, probenecid, or a combination of both cimetidine and probenecid (see CLINICAL PHARMACOLOGY: Pharmacokinetics section of full prescribing information).

Carcinogenesis, Mutagenesis, Impairment of Fertility: The data presented below include references to the steady-state acyclovir AUC observed in humans treated with 1 g VALTREX given orally three times a day to treat herpes zoster. Plasma drug concentrations in animal studies are expressed as multiples of human exposure to acyclovir (see CLINICAL PHARMACOLOGY: Pharmacokinetics section of full prescribing information).

Valacyclovir was noncarcinogenic in lifetime carcinogenicity bioassays at single daily doses (gavage) of up to 120 mg/kg/day for mice and 100 mg/kg/day for rats. There was no significant difference in the incidence of tumors between treated and control animals, nor did valacyclovir shorten the latency of tumors. Plasma concentrations of acyclovir were equivalent to human levels in the mouse bioassay and 1.4 to 2.3 times human levels in the rat bioassay.

Valacyclovir was tested in five genetic toxicity assays. An Ames assay was negative in the absence or presence of metabolic activation. Also negative were an *in vitro* cytogenetic study with human lymphocytes and a rat cytogenetic study at a single oral dose of 3000 mg/kg (8 to 9 times human plasma levels).

In the mouse lymphoma assay, valacyclovir was negative in the absence of metabolic activation. In the presence of metabolic activation (76% to 88% conversion to acyclovir), valacyclovir was weakly mutagenic.

A mouse micronucleus assay was negative at 250 mg/kg but weakly positive at 500 mg/kg (acyclovir concentrations 26 to 51 times human plasma levels).

Valacyclovir did not impair fertility or reproduction in rats at 200 mg/kg/day (6 times human plasma levels).

Pregnancy: Teratogenic Effects: Pregnancy Category B. Valacyclovir was not teratogenic in rats or rabbits given 400 mg/kg (which results in exposures of 10 and 7 times human plasma levels, respectively) during the period of major organogenesis. There are no adequate and well-controlled studies of VALTREX or ZOVIRAX® (acyclovir) in pregnant women. A prospective epidemiologic registry of acyclovir use during pregnancy has been ongoing since 1984. As of December 1994, outcomes of live births have been documented in 380 women exposed to systemic acyclovir during the first trimester of pregnancy. The occurrence rate of birth defects approxi-

mates that found in the general population. However, the small size of the registry is insufficient to evaluate the risk for less common defects or to permit reliable and definitive conclusions regarding the safety of acyclovir in pregnant women and their developing fetuses. VALTREX should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Pregnancy Exposure Registry: To monitor maternal-fetal outcomes of pregnant women exposed to VALTREX, Glaxo Wellcome Inc. maintains a Valacyclovir in Pregnancy Registry. Physicians are encouraged to register their patients by calling (800) 722-9292, ext. 58465.

Nursing Mothers: There is no experience with VALTREX. However, acyclovir concentrations have been documented in breast milk in two women following oral administration of ZOVIRAX and ranged from 0.6 to 4.1 times corresponding plasma levels. These concentrations would potentially expose the nursing infant to a dose of acyclovir as high as 0.3 mg/kg/day. VALTREX should be administered to a nursing mother with caution and only when indicated. Consideration should be given to temporary discontinuation of nursing, as the safety of VALTREX has not been established in infants.

Pediatric Use: Safety and effectiveness of VALTREX in pediatric patients have not been established.

Geriatric Use: Of the total number of patients included in clinical studies of VALTREX, 810 were age 65 or older, and 339 were age 75 or older. A total of 34 volunteers age 65 or older completed a pharmacokinetic trial of VALTREX. The pharmacokinetics of acyclovir following single- and multiple-dose oral administration of VALTREX in geriatric volunteers varied with renal function. Dosage reduction may be required in geriatric patients, depending on the underlying renal status of the patient (see CLINICAL PHARMACOLOGY section of full prescribing information and DOSAGE AND ADMINISTRATION).

ADVERSE REACTIONS: The adverse events reported by greater than 2% of a given treatment group in clinical trials of VALTREX are listed in Table 1.

Table 1
Incidence (%) of Adverse Events in Herpes Zoster and Genital Herpes Study Populations

Adverse Event	Herpes Zoster				Genital Herpes	
	> 50 years Median age = 69		18-50 years Median age = 36		18-79 years Median age = 34	
	VALTREX (n=765)	ZOVIRAX (n=376)	VALTREX (n=202)	Placebo (n=195)	VALTREX (n=1235)	Placebo (n=439)
	1 g tid x 14 days: n = 381; 7 days: n = 384	800 mg 5x daily x 7 days	1 g tid x 7 days		1 g bid x 5 days: n = 876 500 mg bid x 5 days: n = 359	
Nausea	16	19	10	8	6	8
Headache	13	13	17	12	17	14
Vomiting	7	8	4	3	<1	<1
Diarrhea	5	7	4	6	4	6
Constipation	5	5	1	3	<1	<1
Asthenia	4	5	3	4	2	4
Dizziness	4	6	2	2	3	3
Abdominal Pain	3	3	2	2	2	3
Anorexia	3	3	<1	2	<1	<1

OVERDOSAGE: There have been no reports of overdosage from the administration of VALTREX. However, it is known that precipitation of acyclovir in renal tubules may occur when the solubility (2.5 mg/mL) is exceeded in the intratubular fluid. In the event of acute renal failure and anuria, the patient may benefit from hemodialysis until renal function is restored (see DOSAGE AND ADMINISTRATION).

DOSAGE AND ADMINISTRATION: (For complete dosage and administration information, see full product labeling for VALTREX.)

Patients with Acute or Chronic Renal Impairment: In patients with reduced renal function, reduction in dosage is recommended (see Table 2).

Table 2
Dosages for Patients with Renal Impairment

Creatinine Clearance (mL/min)	Dosage for Herpes Zoster	Dosage for Genital Herpes
≥ 50	1 g every 8 hours	500 mg every 12 hours
30 - 49	1 g every 12 hours	500 mg every 12 hours
10 - 29	1 g every 24 hours	500 mg every 24 hours
< 10	500 mg every 24 hours	500 mg every 24 hours

Take Your Antiherpetic Experience Beyond Acyclovir...



VALTREX— Write Now

*From Glaxo Wellcome Inc.—the creators of acyclovir
VALTREX is indicated for herpes zoster and episodic
treatment of recurrent genital herpes in otherwise healthy adults**

Better acyclovir absorption¹

Greater convenience than acyclovir
One caplet BID x 5 days for recurrent genital herpes[†]
Two caplets TID x 7 days for herpes zoster[‡]

*Proven effective to reduce the pain and discomfort of recurrent genital herpes
May shorten the duration of postherpetic neuralgia vs acyclovir[§]*

WARNING: Thrombotic thrombocytopenic purpura/hemolytic uremic syndrome (TTP/HUS), in some cases resulting in death, has been reported in some severely immunocompromised patients receiving VALTREX in clinical trials. This syndrome has not been observed in otherwise healthy patients receiving VALTREX.

- * VALTREX is not indicated for use in immunocompromised patients.
- † No data are available on efficacy of treatment started greater than 24 hours after onset of signs and symptoms.
- ‡ Most effective when therapy is initiated within 48 hours of rash onset. No data are available on efficacy of treatment started greater than 72 hours after rash onset.
- § In patients \geq 50 years of age. No effect on the incidence of PHN. Please see brief summary of Prescribing Information on adjacent pages.

VALTREX[®]
valacyclovir HCl
500 mg CAPLETS

GlaxoWellcome

BRIEF SUMMARY

ZOVIRAX® Capsules ZOVIRAX® Tablets ZOVIRAX® Suspension (acyclovir)

The following is a brief summary only; see full prescribing information for complete product information, including references.

CONTRAINDICATIONS: ZOVIRAX Capsules, Tablets, and Suspension are contraindicated for patients who develop hypersensitivity or intolerance to the components of the formulations.

WARNINGS: ZOVIRAX Capsules, Tablets, and Suspension are intended for oral ingestion only.

PRECAUTIONS:

General: ZOVIRAX has caused decreased spermatogenesis at high parental doses in some animals and mutagenesis in some acute studies at high concentrations of drug (see PRECAUTIONS: Carcinogenesis, Mutagenesis, Impairment of Fertility). The recommended dosage should not be exceeded (see DOSAGE AND ADMINISTRATION section of full prescribing information).

Exposure of herpes simplex and varicella-zoster isolates to acyclovir in vitro can lead to the emergence of less sensitive viruses. The possibility of the appearance of less sensitive viruses in humans must be borne in mind when treating patients. The relationship between the in vitro sensitivity of herpes simplex or varicella-zoster virus to acyclovir and clinical response to therapy has yet to be established (see CLINICAL PHARMACOLOGY: Microbiology section of full prescribing information).

Because of the possibility that less sensitive virus may be selected in patients who are receiving acyclovir, all patients should be advised to take particular care to avoid potential transmission of virus if active lesions are present while they are on therapy. In severely immunocompromised patients, the physician should be aware that prolonged or repeated courses of acyclovir may result in selection of resistant viruses which may not fully respond to continued acyclovir therapy.

Caution should be exercised when administering ZOVIRAX to patients receiving potentially nephrotoxic agents since this may increase the risk of renal dysfunction.

Information for Patients: Patients are instructed to consult with their physician if they experience severe or troublesome adverse reactions, they become pregnant or intend to become pregnant, they intend to breastfeed while taking orally administered ZOVIRAX, or they have any other questions.

Genital Herpes Infections: Genital herpes is a sexually transmitted disease and patients should avoid intercourse when visible lesions are present because of the risk of infecting intimate partners. ZOVIRAX Capsules, Tablets, and Suspension are for oral ingestion only. Medication should not be shared with others. The prescribed dosage should not be exceeded. ZOVIRAX does not eliminate latent viruses. Patients are instructed to consult with their physician if they do not receive sufficient relief in the frequency and severity of their genital herpes recurrences.

There are still unanswered questions concerning reproductive/gonadal toxicity and mutagenesis; long-term studies are continuing. Decreased sperm production has been seen at high doses in some animals; a placebo-controlled clinical study using 400 mg or 1000 mg of ZOVIRAX per day for 6 months in humans did not show similar findings. Chromosomal breaks were seen in vitro after brief exposure to high concentrations. Some other currently marketed medications also cause chromosomal breaks, and the significance of this finding is unknown. A placebo-controlled clinical study using 800 mg of ZOVIRAX per day for 1 year in humans did not show any abnormalities in structure or number of chromosomes.

Herpes Zoster Infections: Adults age 50 or older tend to have more severe shingles, and treatment with ZOVIRAX showed more significant benefit for older patients. Treatment was begun within 72 hours of rash onset in these studies, and was more useful if started within the first 48 hours.

Chickenpox: Although chickenpox in otherwise healthy children is usually a self-limited disease of mild to moderate severity, adolescents and adults tend to have more severe disease. Treatment was initiated within 24 hours of the typical chickenpox rash in the controlled studies, and there is no information regarding the effects of treatment begun later in the disease course. It is unknown whether the treatment of chickenpox in childhood has any effect on long-term immunity. However, there is no evidence to indicate that treatment of chickenpox with ZOVIRAX would have any effect on either decreasing or increasing the incidence or severity of subsequent recurrences of herpes zoster (shingles) later in life. Intravenous ZOVIRAX is indicated for the treatment of varicella-zoster infections in immunocompromised patients.

Drug Interactions: Co-administration of probenecid with intravenous acyclovir has been shown to increase the mean half-life and the area under the concentration-time curve. Urinary excretion and renal clearance were correspondingly reduced. The clinical effects of this combination have not been studied.

Carcinogenesis, Mutagenesis, Impairment of Fertility: The data presented below include references to peak steady-state plasma acyclovir concentrations observed in humans treated with 800 mg given orally 6 times a day (dosing appropriate for treatment of herpes zoster) or 200 mg given orally 6 times a day (dosing appropriate for treatment of genital herpes). Plasma drug concentrations in animal studies are expressed as multiples of human exposure to acyclovir at the higher and lower dosing schedules (see CLINICAL PHARMACOLOGY: Pharmacokinetics section of full prescribing information).

Acyclovir was tested in lifetime bioassays in rats and mice at single daily doses of up to 450 mg/kg administered by gavage. There was no statistically significant difference in the incidence of tumors between treated and control animals, nor did acyclovir shorten the latency of tumors. At 450 mg/kg/day, plasma concentrations were 3 to 6 times human levels in the mouse bioassay and 1 to 2 times human levels in the rat bioassay.

Acyclovir was tested in two in vitro cell transformation assays. Positive results were observed at the highest concentration tested (31 to 63 times human levels) in one system and the resulting morphologically transformed cells formed tumors when inoculated into immunosuppressed, syngeneic, weanling mice. Acyclovir was negative (40 to 80 times human levels) in the other, possibly less sensitive, transformation assay.

In acute cytogenetic studies, there was an increase, though not statistically significant, in the incidence of chromosomal damage at maximum tolerated parental doses of acyclovir (100 mg/kg) in rats (62 to 125 times human levels) but not in Chinese hamsters; higher doses of 500 and 1000 mg/kg were clastogenic in Chinese hamsters (380 to 760 times human levels). In addition, no activity was found after 5 days dosing in a dominant lethal study in mice (36 to 73 times human levels). In all 4 microbial assays, no evidence of mutagenicity was observed. Positive results were obtained in 2 of 7 genetic toxicity assays using mammalian cells in vitro. In human lymphocytes, a positive response for chromosomal damage was seen at concentrations 150 to 300 times the acyclovir plasma levels achieved in humans. At one locus in mouse lymphoma cells, mutagenicity was observed at concentrations 250 to 500 times human plasma levels. Results in the other five mammalian cell loci follow: at 3 loci in a Chinese hamster ovary cell line, the results were inconclusive at concentrations at least 1850 times human levels; at 2 other loci in mouse lymphoma cells, no evidence of mutagenicity was observed at concentrations at least 1500 times human levels.

Acyclovir has not been shown to impair fertility or reproduction in mice (450 mg/kg/day, p.o.) or in rats (25 mg/kg/day, s.c.). In the mouse study, plasma levels were 9 to 18 times human levels, while in the rat study they were 8 to 15 times human levels. At a higher dose in the rat (50 mg/kg/day, s.c.), there was a statistically significant increase in post-implantation loss, but no concomitant decrease in litter size. In female rabbits treated subcutaneously with acyclovir subsequent to mating, there was a statistically significant decrease in

implantation efficiency but no concomitant decrease in litter size at a dose of 50 mg/kg/day (16 to 31 times human levels). No effect upon implantation efficiency was observed when the same dose was administered intravenously (53 to 106 times human levels). In a rat peri- and postnatal study at 50 mg/kg/day s.c. (11 to 22 times human levels), there was a statistically significant decrease in the group mean numbers of corpora lutea, total implantation sites, and live fetuses in the F₂ generation. Although not statistically significant, there was also a dose-related decrease in group mean numbers of live fetuses and implantation sites at 12.5 mg/kg/day and 25 mg/kg/day, s.c. The intravenous administration of 100 mg/kg/day, a dose known to cause obstructive nephropathy in rabbits, caused a significant increase in fetal resorptions and a corresponding decrease in litter size (plasma levels were not measured). However, at a maximum tolerated intravenous dose of 50 mg/kg/day in rabbits (53 to 106 times human levels), no drug-related reproductive effects were observed.

Intraperitoneal doses of 80 or 320 mg/kg/day acyclovir given to rats for 6 and 11 months, respectively, caused testicular atrophy. Plasma levels were not measured in the 1-month study and were 24 to 48 times human levels in the 6-month study. Testicular atrophy was persistent through the 4-week postdose recovery phase after 320 mg/kg/day; some evidence of recovery of sperm production was evident 30 days postdose. Intravenous doses of 100 and 200 mg/kg/day acyclovir given to dogs for 31 days caused aspermatogenesis. At 100 mg/kg/day plasma levels were 47 to 94 times human levels, while at 200 mg/kg/day they were 159 to 317 times human levels. No testicular abnormalities were seen in dogs given 50 mg/kg/day i.v. for 1 month (21 to 41 times human levels) and in dogs given 60 mg/kg/day orally for 1 year (6 to 12 times human levels).

Pregnancy: Teratogenic Effects: Category C. Acyclovir was not teratogenic in the mouse (450 mg/kg/day, p.o.), rabbit (50 mg/kg/day, s.c. and i.v.), or in standard tests in the rat (50 mg/kg/day, s.c.). These exposures resulted in plasma levels 9 and 18, 16, and 106, and 11 and 22 times, respectively, human levels. In a non-standard test in rats, there were fetal abnormalities, such as head and tail anomalies, and maternal toxicity. In this test, rats were given 3 s.c. doses of 100 mg/kg acyclovir on gestation day 10, resulting in plasma levels 63 and 125 times human levels. There are no adequate and well-controlled studies in pregnant women. Acyclovir should not be used during pregnancy unless the potential benefit justifies the potential risk to the fetus. Although acyclovir was not teratogenic in standard animal studies, the drug's potential for causing chromosome breaks at high concentration should be taken into consideration in making this determination.

Pregnancy Exposure Registry: To monitor maternal-fetal outcomes of pregnant women exposed to systemic acyclovir, Glaxo Wellcome Inc. maintains an Acyclovir in Pregnancy Registry. Physicians are encouraged to register patients by calling (800) 722-9292, ext. 58465.

Nursing Mothers: Acyclovir concentrations have been documented in breast milk in two women following oral administration of ZOVIRAX and ranged from 0.6 to 4.1 times corresponding plasma levels. These concentrations would potentially expose the nursing infant to a dose of acyclovir up to 0.3 mg/kg/day. Caution should be exercised when ZOVIRAX is administered to a nursing woman.

Pediatric Use: Safety and effectiveness in children less than 2 years of age have not been adequately studied.

ADVERSE REACTIONS:

Herpes Simplex: Short-Term Administration: The most frequent adverse events reported during clinical trials of treatment of genital herpes with orally administered ZOVIRAX were nausea and/or vomiting in 8 of 298 patient treatments (2.7%) and headache in 2 of 298 (0.6%). Nausea and/or vomiting occurred in 2 of 287 (0.7%) patients who received placebo.

Less frequent adverse events, each of which occurred in 1 of 298 patient treatments with orally administered ZOVIRAX (0.3%), included diarrhea, dizziness, anorexia, fatigue, edema, skin rash, leg pain, inguinal adenopathy, medication taste, and sore throat.

Long-Term Administration: The most frequent adverse events reported in a clinical trial for the prevention of recurrences with continuous administration of 400 mg (two 200 mg capsules) 2 times daily for 1 year in 586 patients treated with ZOVIRAX were: nausea (4.8%), diarrhea (2.4%), headache (1.9%), and rash (1.7%). The 589 control patients receiving intermittent treatment of recurrences with ZOVIRAX for 1 year reported diarrhea (2.7%), nausea (2.4%), headache (2.2%), and rash (1.5%).

The most frequent adverse events reported during the second year by 390 patients who elected to continue daily administration of 400 mg (two 200 mg capsules) 2 times daily for 2 years were headache (1.5%), rash (1.3%), and paresthesia (0.8%). Adverse events reported by 329 patients during the third year included asthenia (1.2%), paresthesia (1.2%), and headache (0.9%).

Herpes Zoster: The most frequent adverse events reported during three clinical trials of treatment of herpes zoster (shingles) with 800 mg of oral ZOVIRAX 5 times daily for 7 to 10 days in 323 patients were: malaise (11.5%), nausea (8.0%), headache (5.9%), vomiting (2.5%), diarrhea (1.5%), and constipation (0.9%). The 323 placebo recipients reported malaise (11.1%), nausea (11.5%), headache (11.1%), vomiting (2.5%), diarrhea (0.3%), and constipation (2.4%).

Chickenpox: The most frequent adverse events reported during three clinical trials of treatment of chickenpox with oral ZOVIRAX in 495 patients were: diarrhea (3.2%), abdominal pain (0.6%), rash (0.6%), vomiting (0.6%), and flatulence (0.4%). The 498 patients receiving placebo reported: diarrhea (2.2%), flatulence (0.8%), and insomnia (0.4%).

Observed During Clinical Practice: Based on clinical practice experience in patients treated with oral ZOVIRAX in the U.S., spontaneously reported adverse events are uncommon. Data are insufficient to support an estimate of their incidence or to establish causation. These events may also occur as part of the underlying disease process. Voluntary reports of adverse events which have been received since market introduction include:

- General:** fever, headache, pain, peripheral edema, and rarely, anaphylaxis
- Nervous:** confusion, dizziness, hallucinations, paresthesia, somnolence (These symptoms may be marked, particularly in older adults.)
- Digestive:** diarrhea, elevated liver function tests, gastrointestinal distress, nausea
- Hemic and Lymphatic:** leukopenia, lymphadenopathy
- Musculoskeletal:** myalgia
- Skin:** alopecia, pruritus, rash, urticaria
- Special Senses:** visual abnormalities
- Urogenital:** elevated creatinine

OVERDOSAGE: Patients have ingested intentional overdoses of up to 100 capsules (20 g) of ZOVIRAX, with no unexpected adverse effects.

Precipitation of acyclovir in renal tubules may occur when the solubility (2.5 mg/mL) in the intratubular fluid is exceeded. Renal lesions considered to be related to obstruction of renal tubules by precipitated drug crystals occurred in the following species: rats treated with i.v. and i.p. doses of 20 mg/kg/day for 21 and 31 days, respectively, and at s.c. doses of 100 mg/kg/day for 10 days; rabbits at s.c. and i.v. doses of 50 mg/kg/day for 13 days; and dogs at i.v. doses of 100 mg/kg/day for 31 days. A 6-hour hemodialysis results in a 60% decrease in plasma acyclovir concentration. Data concerning peritoneal dialysis are incomplete but indicate that this method may be significantly less efficient in removing acyclovir from the blood. In the event of acute renal failure and anuria, the patient may benefit from hemodialysis until renal function is restored (see DOSAGE AND ADMINISTRATION section of full prescribing information).

U.S. Patent No. 4199574

GlaxoWellcome

Glaxo Wellcome Inc.
Research Triangle Park, NC 27709

March 1995 RL 312

© 1996 Glaxo Wellcome Inc. All rights reserved. Printed in USA VAL106R0 June 1996

If you would like to participate in the Herpes Patient Physician Referral Program, please call 1-800-722-9222.

ARCHIVES

OF

FAMILY MEDICINE

The ARCHIVES OF FAMILY MEDICINE is a member of the consortium of AMA journals listed below. The ARCHIVES reaches more than 81 500 readers in family and general practice each month, in addition to paid subscribers. The complete text of all AMA journals is available online from Dialog Information Services and Information Access Company.

The Journal of the American Medical Association (JAMA)

Archives of Dermatology
Archives of Family Medicine
Archives of General Psychiatry
Archives of Internal Medicine
Archives of Neurology
Archives of Ophthalmology
Archives of Otolaryngology—Head & Neck Surgery
Archives of Pathology & Laboratory Medicine
Archives of Pediatrics & Adolescent Medicine
Archives of Surgery

The ARCHIVES OF FAMILY MEDICINE (ISSN 1063-3987) is published monthly, except for August and December, by the American Medical Association, 515 N State St, Chicago, IL 60610, and is an official publication of the Association. Periodicals postage paid at Chicago and at additional mailing offices. GST registration number 12622 5556 RT. Canada Post International Publications Mail (Canadian Distribution) Sales Agreement No. 319600. Printed in the USA.

SUBSCRIPTION RATES—The personal subscription rates for the ARCHIVES OF FAMILY MEDICINE are \$100 for 1 year (10 issues) in the United States and US possessions; \$130 in the Americas; £90 outside the Americas. The institution rates for 1 year are \$115 in the US; \$150 in the Americas; £105 outside the Americas. Special rates for residents and medical students are available. Address all subscription communications to: Subscriber Services Center, American Medical Association, PO Box 10946, Chicago, IL 60610. Phone: (800) 262-2350. Fax: (312) 464-5831. E-mail: ama-subs@web.ama-assn.org. For mailing addresses outside the US and US possessions, see International Subscription Information.

CHANGE OF ADDRESS—POSTMASTER, send all address changes to ARCHIVES OF FAMILY MEDICINE, c/o Subscriber Services, American Medical Association, 515 N State St, Chicago, IL 60610. Please notify us of address change at least 6 weeks in advance to ensure uninterrupted service. Include both old and

new addresses, a recent mailing label, and new ZIP code. For mailing addresses outside the US and US possessions, see International Subscription Information.

SUBSCRIBER SERVICES—For information about subscribing to any of the AMA publications, change of address, missing issues, or purchasing back issues, please contact Subscriber Services Center, American Medical Association, PO Box 10946, Chicago, IL 60610, or call (312) 670-SUBS (670-7827) between 8:30 AM and 4:30 PM CST. Fax: (312) 464-5831. E-mail: ama-subs@web.ama-assn.org. For mailing addresses outside the US and US possessions, see International Subscription Information.

INTERNATIONAL SUBSCRIPTION INFORMATION—Subscriptions outside the United States and US possessions are served according to geographic region. Please address correspondence to the following two offices based on delivery address: 1) For delivery in North America, Central America, and South America, contact Subscriber Services Center, AMA, PO Box 10946, Chicago, IL 60610. Phone (312) 670-7827. Fax: (312) 464-5831. E-mail: ama-subs@web.ama-assn.org. 2) For delivery outside the Americas, contact JAMA & Archives Journals, Reader Services Centre, PO Box 299, London WC1H 9TD, United Kingdom. Phone: +44 (0)171 383 6270. Fax: +44(0)171 383 6402.

REPRINTS—Authors place their reprint order at the time the edited typescript is reviewed and should allow 4 to 6 weeks for delivery following publication. Requests for individual reprints should be sent directly to the author at the address shown in the article.

For bulk reprint orders for distribution by commercial organizations, please contact Wanda Bartolotta, 500 Fifth Avenue, #2210, New York, NY 10010. Phone: (212) 354-0050. Fax: (212) 354-1169. E-mail: QGZR06A@Prodigy.com. For reprint orders in limited quantities for distribution by educational organizations, please contact Joseph R. Rehash, 515 N State St, Chicago, IL 60610. Phone: (312) 464-2512. Fax: (312) 464-5835.

WORLD WIDE WEB ADDRESS—<http://www.ama-assn.org>.

PERMISSIONS—Contact Ada Jimenez-Walker, Permissions Assistant, 515 N State St, Chicago, IL 60610. Phone: (312) 464-2513.

ADVERTISING PRINCIPLES—Each advertisement in this issue has been reviewed and complies with the principles governing advertising in AMA scientific publications. A copy of these principles is available on request. The appearance of advertising in AMA publications is not an AMA guarantee or endorsement of the product or the claims made for the product by the manufacturer.

Publication Staff

Offices: 515 N State St
Chicago, IL 60610

Editorial Processing Department, Specialty Journals

Director: Paula Glitman
Manager: Barbara J. Clark

Freelance Manager:
Vickey Golden

Assistant Freelance Coordinator:
Diane L. Cannon

Senior Copy Editor/Atex Specialist:
Paul Frank

Copy Editors:
Brenda J. Gregoline
Mary Kingzette
Lisa Riolo
Barbara Wojtowicz

New Media Editorial Office

New Media Editor:
William M. Silberg
Assistant Editor:
Marty Suter

Production & Distribution Division

Manager, Budgets & Costs:
Bonnie Van Clevon

Office Manager:
Karen Branham

Production Assistant:
Valerie Balkcom

Advertising & Production Department

Director: Vanessa Hayden

Paper & Planning: Diane Darnell
Manager, Advertising Services:
Carole Piszker

Manager, Production Services:
Susan Price

Production Associates:
Karen Adams-Taylor
Debbie Camp
Betty Frigerio
Sarah Powell
Jennifer Reiling
Christine M. Wagenknecht
E. Ruth White

Production Assistant:
Jo Anne Turner

Distribution

Distribution Manager: Paul Gasiccki

Electronic Production Department

Director: Linda Knott

Supervisor, Composition & Pagination:
Sandra Lopez

Electronic Production Operators:

Gail Barrett
Brenda Chandler-Haynes
Michael L. Culbert
Mary Ann Kuranda

Graphics Manager:
Charl Richey-Davis

Graphics Operators:
JoAnne Weiskopf
Alicja Wojcik

Manager, Proofreading:
Teresa H. Omiotek

Proofreaders:
David Antos
Daniel James
Mary Kay Tinerella

Production Assistant:
Ruth Sprague

Database & New Media

Manager: Emily Moreno

Electronic Coordinator:
Mary Ellen Johnston

Database Assistant: Melanie Parenti

Publications Marketing & New Media Division

Assistant to the Publisher, New Media:
Marla Hall

Circulation Processing Department

Director: Beverly Martin

Circulation Development Department

Director: Ann Westerbeke

Licensing & Permissions Department

Director: Norman Frankel

Indexing: Kathy Gaydar

Permissions: Ada Jimenez-Walker

Reprints

Reprint Coordinator: Joseph Rehash



ARCHIVES

OF

FAMILY MEDICINE

VOL 5 NO. 7, JULY/AUGUST 1996

SPECIAL SELECTION

- Multiple Painful Oral Ulcerations** 379
Jacqueline M. Junkins-Hopkins, MD

- Addiction to Benzodiazepines—
How Common?** 383

Steven A. King, MD, MS

- Roland Grad, MD* 384

LETTERS TO THE EDITOR

- Cost-effective Evaluation
of Heart Murmurs in Children** 381
Jeffrey A. Wong, MD;
Richard A. Meyer, MD

- Comments of a Consultant
to Primary Care Physicians** 381
George W. Paulson, MD

- Promoting the Use of Advance Directives:
An Empirical Study** 382
Mary Thoesen Coleman, MD, PhD;
Randy Jernejcic

- In Reply** 383
Kimber P. Richter, MA;
Stephen B. Fawcett, PhD;
Adrienne Paine-Andrews, PhD;
Sondra Langel; Lucia Biehler, RN;
Robert Manning, MD

ORIGINAL CONTRIBUTIONS

- Running and Its Effect
on Family Life** 385

Daniel S. Fick, MD; Stephen J. Goff, PhD;
Robert Oppliger, PhD

- Practice Commentary**
Mark Andrews, MD

- Long-term Incidence
of Lower-Extremity Amputations
in a Diabetic Population** 391

Scot E. Moss, MA; Ronald Klein, MD;
Barbara E. K. Klein, MD

American Medical Association

Physicians dedicated to the health of America



Copyright 1996 by the American Medical Association. All rights reserved.
Reproduction without permission is prohibited.

All articles published, including editorials, letters, and book reviews, represent the opinions of the authors and do not reflect the policy of the American Medical Association, the Editorial Board, or the institution with which the author is affiliated, unless this is clearly specified.

James S. Todd, MD
Executive Vice President

Kenneth E. Monroe
Deputy Executive Vice President

James F. Rappel
Group Vice President,
Business and Management Services

George D. Lundberg, MD
Editor in Chief, Scientific
Information and Multimedia

Robert L. Kennett
Vice President, Publishing

Michael D. Springer
Publisher, New Media

Peter L. Payerli
Associate Publisher

Mary C. Steermann
Director, Production &
Distribution Division

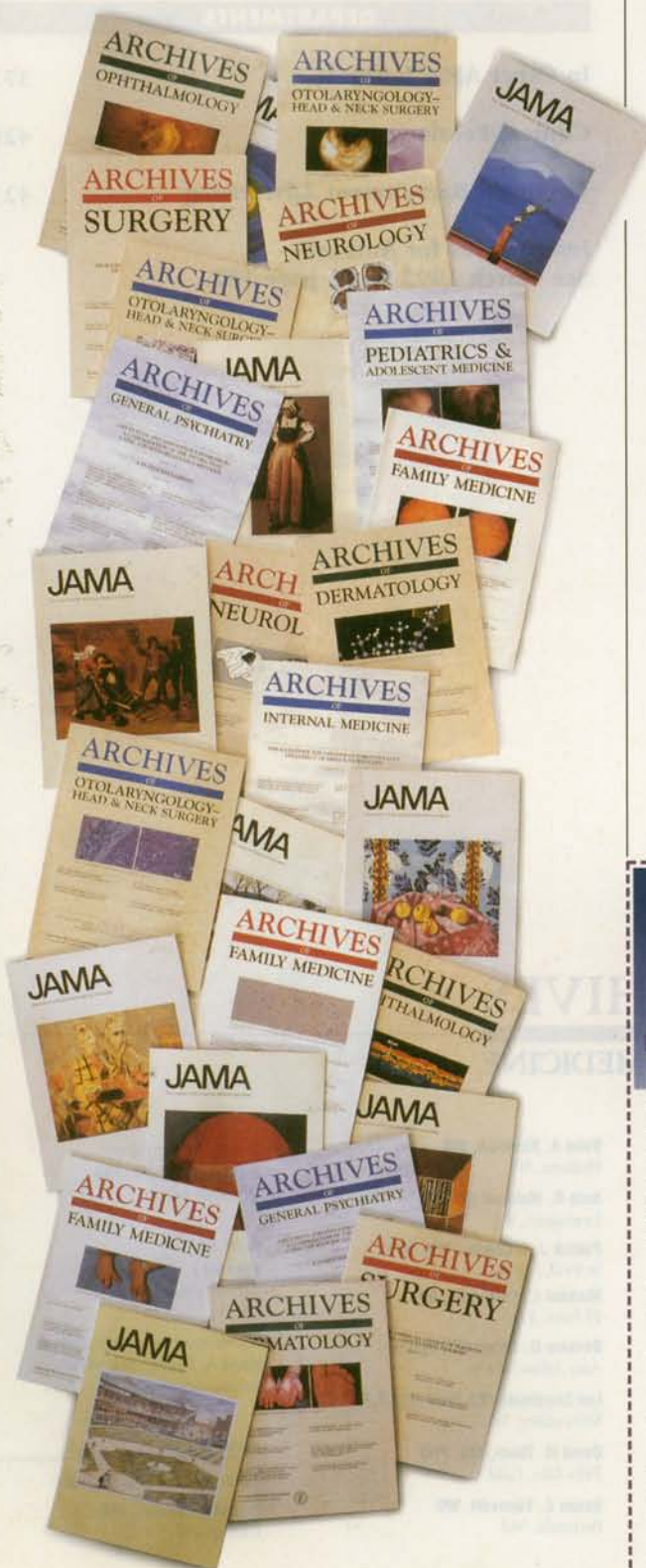
Cheryl Iverson
Director, Editorial Processing Division
Geoffrey A. Flick
Manager, Marketing Services

Advertising Offices: East: Phillip B. Altamore, Peter G. Messina, John L. Reeves, 119 Cherry Hill Rd, 3rd Flr, Parsippany, NJ 07054 (201) 263-9191.

Midwest/West: Monica E. Brent, 515 N State St, Chicago, IL 60610 (312) 464-2470. **AMA Physician Recruitment Advertising Department:** Carri Lynch, Supervisor, 800-262-2260.

Treasure.

Map.



Introducing the complete text and graphics of JAMA & Archives Journals on CD-ROM. Mine the wealth of medical information from 10 of the world's most respected journals by tapping a few buttons on your computer.

This practice-enhancing tool provides powerful search capabilities (keyword, subject, article type, etc.) in an easily browsable format that journal readers will find appealing and familiar.

Research that used to take hours now takes minutes. You'll be more apt to seek information when it's this easy to locate, print and save. Anyone in your practice can do it.

See how simple CD-ROM can be with this special offer, featuring:

- Complete Editorial content
- Reference Links - click on cited reference for pop-up citation
- Full MEDLINE® Record Links and 5-Year Abstracts
- 5-Year Journal Index
- Print/Save - print full text and graphics, save full text into ASCII file
- Quick Outline Viewing - locate article sections



Yes, please send me JAMA & Archives Journals on CD-ROM

To order by phone, call:

1-800-AMA-2350

Or, fax to 312-464-5831

Mail coupon to: AMA Subscription Dept. CD, P.O. 10946, Chicago, IL 60610-0946.

1995 Archival Disk \$150*

One disk includes editorial content from January-December 1995 for JAMA and all nine Archives Journals. 1995 Archival Disk will be shipped in February 1996.

1996 Quarterly Subscription \$250*

The first disk, containing editorial content for January through March 1996, will be shipped in April 1996. Each subsequent quarterly disk will be cumulative with the final disk in the subscription term containing the entire editorial content for 1996.

Minimum Windows System Requirements: 386-SX, 540 KB hard disk space, 4 MB RAM, VGA monitor. Macintosh format not yet available. OVID Software from OVID Technologies, Inc.

Please complete and return with your order:

Name

MD/DO Other (please specify)

Address

City State

Country

Zip/Postal Code

Phone Fax

Check made payable to AMA VISA MC AmEx Optima

Card #

Exp. Date Signature

*Residents in AZ, CA, CT, DC, IL, IA, MN, NJ, NY, NC, WI, add required sales tax. In Canada, add GST. Contact AMA Subscription Dept for institution and foreign rates. Rates subject to change. Payment must accompany order. Nonrefundable.

P6FAA



PSORCON[®] Cream

(diflorasone diacetate 0.05%)

- **Highly Potent for Rapid Relief.¹**
- **Fewer Dosing Restrictions² for Prescribing Confidence & Convenience.**
 - No 2 week Restriction²
 - No grams/week Restriction²
 - Approved for use under Occlusion²
- **Also available in Ointment for Severe or Resistant Rashes**

Rash Decisions Diagnosis Code: 1. Atopic Dermatitis; 2. Dyshidrotic Eczema; 3. Psoriasis; 4. Irritant Contact Dermatitis; 5. Allergic Contact Dermatitis; 6. Seborrheic Dermatitis; 7. Stasis Dermatitis; 8. Nummular Eczema; 9. Insect Bites; 10. Lichen Simplex Chronicus

1. Data on file, Dermik Laboratories, Inc.
2. Manufacturer's Prescribing Information



Available in 15g, 30g,
and economical 60g tubes.

For Your **RASH** Decisions

Topical corticosteroids may cause local adverse reactions including burning, itching, irritation and dryness. Prolonged use on large body surface areas can produce reversible HPA axis suppression.

See brief summary of Prescribing Information on next page.



PSORCON® Cream (diflorasone diacetate 0.05%)

**Brief Summary—Consult package insert for full prescribing information.
For Dermatological Use Only—Not for Ophthalmic Use.**

INDICATION AND USAGE

psorcon (diflorasone diacetate) Cream, 0.05% is a high potency corticosteroid indicated for the relief of the inflammatory and pruritic manifestations of corticosteroid-responsive dermatoses.

CONTRAINDICATIONS

psorcon (diflorasone diacetate) Cream is contraindicated in those patients with a history of hypersensitivity to any of the components of the preparation.

PRECAUTIONS

General: Systemic absorption of topical corticosteroids can produce reversible hypothalamic-pituitary-adrenal (HPA) axis suppression with the potential for glucocorticosteroid insufficiency after withdrawal of treatment. Manifestations of Cushing's syndrome, hyperglycemia, and glucosuria can also be produced in some patients by systemic absorption of topical corticosteroids while on treatment.

Patients receiving a large dose of a higher potency topical steroid applied to a large surface area or under an occlusive dressing should be evaluated periodically for evidence of HPA axis suppression. This may be done by using the ACTH-stimulation, A.M. plasma cortisol, and urinary-free cortisol tests.

This product has a greater ability to produce adrenal suppression than does **psorcon** (diflorasone diacetate) Ointment, 0.05%. At 30 g per day (applied as 15 g twice daily) **psorcon** Cream, 0.05% was shown to cause inhibition of the HPA axis in one of two patients following application for one week to psoriasis skin. At 15 g per day (applied as 7.5 g twice daily) **psorcon** Cream was shown to cause mild inhibition of the HPA axis in one of five patients following application for one week to diseased skin (psoriasis or atopic dermatitis). These effects were reversible upon discontinuation of treatment. By comparison, **psorcon** (diflorasone diacetate) Ointment, 0.05% did not produce significant HPA axis suppression when used in divided doses at 30 g per day for one week in patients with psoriasis or atopic dermatitis.

If HPA axis suppression is noted, an attempt should be made to withdraw the drug, to reduce the frequency of application, or to substitute a less potent corticosteroid. Recovery of HPA axis function is generally prompt and complete upon discontinuation of topical corticosteroids. Infrequently, signs and symptoms of glucocorticosteroid insufficiency may occur, requiring supplemental systemic corticosteroids. For information on systemic supplementation, see prescribing information for those products.

Children may be more susceptible to systemic toxicity from equivalent doses due to their larger skin surface to body mass ratios (see PRECAUTIONS—Pediatric Use).

If irritation develops, **psorcon** (diflorasone diacetate) Cream should be discontinued and appropriate therapy instituted. Allergic contact dermatitis with corticosteroids is usually diagnosed by observing failure to heal rather than noting a clinical exacerbation as with most topical products not containing corticosteroids. Such an observation should be corroborated with appropriate diagnostic patch testing.

If concomitant skin infections are present or develop, an appropriate antifungal or antibacterial agent should be used. If a favorable response does not occur promptly, use of **psorcon** (diflorasone diacetate) Cream should be discontinued until the infection has been adequately controlled.

psorcon (diflorasone diacetate) Cream should not be used in the treatment of rosacea or perioral dermatitis, and it should not be used on the face, groin, or axilla.

Information for Patients: Patients using topical corticosteroids should receive the following information and instructions:

1. The medication is to be used as directed by the physician. It is for external use only. Avoid contact with the eyes.
2. The medication should not be used for any disorder other than that for which it was prescribed.
3. The treated skin area should not be bandaged or otherwise covered or wrapped so as to be occlusive unless directed by the physician.
4. Patients should report to their physician any signs of local adverse reactions.

Carcinogenesis, Mutagenesis and Impairment of Fertility:

Long-term animal studies have not been performed to evaluate the carcinogenic potential of diflorasone diacetate. Diflorasone diacetate was not found to be mutagenic in a micronucleus test in rats at dosages of 2400 mg/kg. Studies in the rat following topical administration at doses up to 0.5 mg/kg revealed no effects on fertility.

Pregnancy: Teratogenic effects. Pregnancy Category C.

Corticosteroids have been shown to be teratogenic in laboratory animals when administered systemically at relatively low dosage levels. Some corticosteroids have been shown to be teratogenic after dermal application to laboratory animals. Diflorasone diacetate has been shown to be teratogenic (cleft palate) in rats when applied topically at a dose of approximately 0.001 mg/kg/day to the shaven thorax of pregnant animals. This is approximately 0.3 times the human topical dose of **psorcon** (diflorasone diacetate) Cream. When pregnant rats were treated topically with approximately 0.5 mg/kg/day, uterine deaths were higher in the treated animals than in control animals. In rabbits, cleft palate was seen when diflorasone diacetate was applied in topical doses as low as 20 mg/kg/day. In addition, fetal weight was depressed and litter sizes were smaller.

There are no adequate and well-controlled studies of the teratogenic potential of diflorasone diacetate in pregnant women. **psorcon** Cream should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Nursing Mothers: Systemically administered corticosteroids appear in human milk and could suppress growth, interfere with endogenous corticosteroid production, or cause other untoward effects. It is not known whether topical administration of corticosteroids could result in sufficient systemic absorption to produce detectable quantities in human milk. Because many drugs are excreted in human milk, caution should be exercised when **psorcon** (diflorasone diacetate) Cream is administered to a nursing woman.

Pediatric Use: Safety and effectiveness of **psorcon** (diflorasone diacetate) Cream in children have not been established. Because of a higher ratio of skin surface area to body mass, children are at a greater risk than adults of HPA-axis suppression when they are treated with topical corticosteroids. They are, therefore, also at greater risk of glucocorticosteroid insufficiency after withdrawal of treatment and of Cushing's syndrome while on treatment. Adverse effects including striae have been reported with inappropriate use of topical corticosteroids in infants and children.

HPA axis suppression, Cushing's syndrome, and intracranial hypertension have been reported in children receiving topical corticosteroids. Manifestations of adrenal suppression in children include linear growth retardation, delayed weight gain, low plasma cortisol levels, and absence of response to ACTH stimulation. Manifestations of intracranial hypertension include bulging fontanelles, headaches, and bilateral papilloedema.

ADVERSE REACTIONS

The following local adverse reactions have been reported infrequently with other topical corticosteroids, and they may occur more frequently with the use of occlusive dressings, especially with higher potency corticosteroids. These reactions are listed in an approximate decreasing order of occurrence: burning, itching, irritation, dryness, folliculitis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, secondary infections, skin atrophy, striae, and miliaria.

OVERDOSAGE

Topically applied **psorcon** (diflorasone diacetate) Cream can be absorbed in sufficient amounts to produce systemic effects (see PRECAUTIONS).

Rev. September 1992

815 437 000
691313
IN-

9603

PSORCON® Ointment (diflorasone diacetate 0.05%)

**Brief Summary—Consult package insert for full prescribing information.
Not For Ophthalmic Use.**

INDICATIONS AND USAGE

Topical corticosteroids are indicated for relief of the inflammatory and pruritic manifestations of corticosteroid-responsive dermatoses.

CONTRAINDICATIONS

Topical steroids are contraindicated in those patients with a history of hypersensitivity to any of the components of the preparation.

PRECAUTIONS

General

Systemic absorption of topical corticosteroids has produced reversible hypothalamic-pituitary-adrenal (HPA) axis suppression, manifestations of Cushing's syndrome, hyperglycemia, and glucosuria in some patients. Conditions which augment systemic absorption include the application of the more potent steroids, use over large surface areas, prolonged use, and the addition of occlusive dressings.

Therefore, patients receiving a large dose of a potent topical steroid applied to a large surface area or under an occlusive dressing should be evaluated periodically for evidence of HPA axis suppression by the urinary free cortisol and ACTH stimulation tests. If HPA axis suppression is noted, an attempt should be made to withdraw the drug, to reduce the frequency of application, or to substitute a less potent steroid.

Recovery of HPA axis function is generally prompt and complete upon discontinuation of the drug. Infrequently, signs and symptoms of steroid withdrawal may occur, requiring supplemental systemic corticosteroids. Children may absorb proportionally larger amounts of topical corticosteroids and thus be more susceptible to systemic toxicity. (See PRECAUTIONS—Pediatric Use.)

If irritation develops, topical corticosteroids should be discontinued and appropriate therapy instituted.

In the presence of dermatological infections, the use of an appropriate antifungal or antibacterial agent should be instituted. If a favorable response does not occur promptly, the corticosteroid should be discontinued until the infection has been adequately controlled.

Information for the Patient

Patients using topical corticosteroids should receive the following information and instructions:

1. This medication is to be used as directed by the physician. It is for external use only. Avoid contact with the eyes.
2. Patients should be advised not to use this medication for any disorder other than for which it was prescribed.
3. The treated skin area should not be bandaged or otherwise covered or wrapped so as to be occlusive unless directed by the physician.
4. Patients should report any signs of local reactions especially under occlusive dressing.
5. Parents of pediatric patients should be advised not to use tight-fitting diapers or plastic pants on a child being treated in the diaper area, as these garments may constitute occlusive dressings.

Carcinogenesis, Mutagenesis, and Impairment of Fertility

Long-term animal studies have not been performed to evaluate the carcinogenic potential or the effect on fertility of topical corticosteroids. Studies to determine mutagenicity with prednisolone and hydrocortisone have revealed negative results.

Pregnancy Category C

Corticosteroids are generally teratogenic in laboratory animals when administered systemically at relatively low dosage levels. The more potent corticosteroids have been shown to be teratogenic after dermal application in laboratory animals. There are no adequate and well-controlled studies in pregnant women on teratogenic effects from topically applied corticosteroids. Therefore, topical corticosteroids should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Drugs of this class should not be used extensively on pregnant patients, in large amounts, or for prolonged periods of time.

Nursing Mothers

It is not known whether topical administration of corticosteroids could result in sufficient systemic absorption to produce detectable quantities in breast milk. Systemically administered corticosteroids are secreted into breast milk in quantities not likely to have a deleterious effect on the infant. Nevertheless, caution should be exercised when topical corticosteroids are administered to a nursing woman.

Pediatric Use

Pediatric patients may demonstrate greater susceptibility to topical corticosteroid-induced HPA axis suppression and Cushing's syndrome than mature patients because of a larger skin surface area to body weight ratio. Hypothalamic-pituitary-adrenal (HPA) axis suppression, Cushing's syndrome, and intracranial hypertension have been reported in children receiving topical corticosteroids. Manifestations of adrenal suppression in children include linear growth retardation, delayed weight gain, low plasma cortisol levels, and absence of response to ACTH stimulation. Manifestations of intracranial hypertension include bulging fontanelles, headaches, and bilateral papilloedema.

Administration of topical corticosteroids to children should be limited to the least amount compatible with an effective therapeutic regimen. Chronic corticosteroid therapy may interfere with the growth and development of children.

ADVERSE REACTIONS

The following local adverse reactions have been reported with topical corticosteroids, but may occur more frequently with the use of occlusive dressings. These reactions are listed in approximate decreasing order of occurrence: burning, itching, irritation, dryness, folliculitis, hypertrichosis, acneiform eruptions, hypopigmentation, perioral dermatitis, allergic contact dermatitis, maceration of the skin, secondary infection, skin atrophy, striae, miliaria.

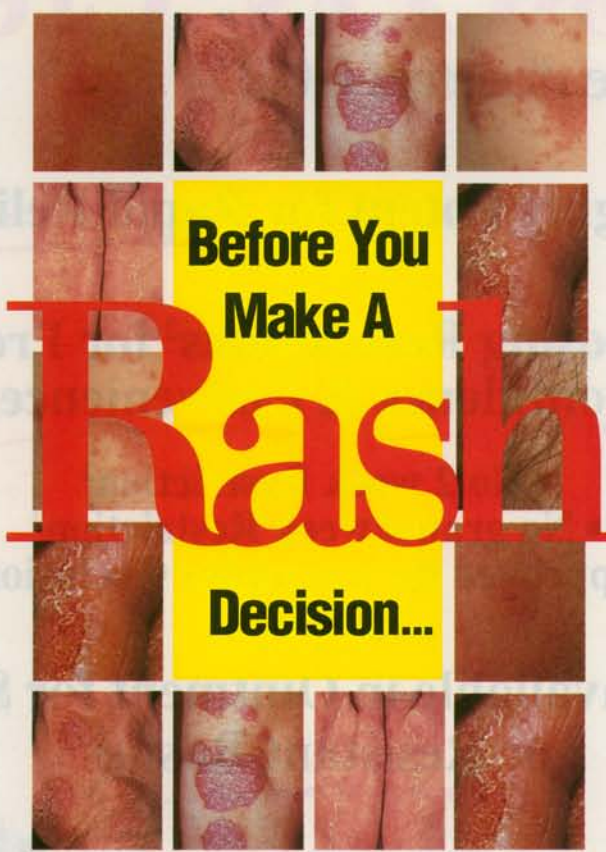
OVERDOSAGE

Topically applied corticosteroids can be absorbed in sufficient amounts to produce systemic effects. (See PRECAUTIONS.)

Revised June 1990

21-7191D

813 377 004



Before You
Make A
Rash
Decision...

DERMIS LABORATORIES, INC.
Dedicated to Dermatology™

A BETHCOCK-PHARMACEUTICAL COMPANY

Dermis Laboratories, Inc., Collegeville, PA 19426

anatomic site, oral stimulation, and body position on estimates of body temperature.

Results: Mean rectal temperatures exceeded concurrent oral readings by $0.4^{\circ}\text{C} \pm 0.4^{\circ}\text{C}$ ($0.8^{\circ}\text{F} \pm 0.7^{\circ}\text{F}$), which, in turn, exceeded concurrent tympanic membrane readings (obtained with a digital thermometer [IVAC Corp, San Diego, Calif]) by $0.4^{\circ}\text{C} \pm 1.1^{\circ}\text{C}$ ($0.7^{\circ}\text{F} \pm 2.0^{\circ}\text{F}$). Tympanic membrane readings were significantly more variable (both intrasubject and intersubject) than rectal or oral readings, especially when cerumen was present in the external ear canal being examined ($P < .05$). Mastication and smoking both caused significant increases in oral temperature that persisted for greater than 20 minutes. Drinking ice water caused a significant but more transient decrease in oral temperature. Of

these activities, only mastication appeared to influence tympanic membrane readings. Body position exerted a modest effect on rectal temperature readings, but did not significantly affect oral or tympanic membrane readings.

Conclusions: These findings indicate that, in addition to diurnal fluctuations in body temperature, the effects of anatomic site, oral stimulation, and body position should be considered in establishing criteria for the febrile state.

(1996;156:777-780) Ronald P. Rabinowitz, MD, et al, University of Maryland Medical System, R. Adams Crowley Shock Trauma Center, 22 S Greene St, T3R68, Baltimore, MD 21201.

Shouldn't you be reading your own copy of the world's most widely read, peer-reviewed medical journal?

Subscribe to JAMA today!

BY PHONE:

800-AMA-2350

BY FAX:

312-464-5831

BY E-MAIL:

**ama-subs@web.
ama-assn.org**

BY MAIL:

Yes! Enter my one-year subscription to JAMA (48 issues) at the personal* rate of \$125.

Name _____
Please Print

MD/DO Other _____
Please Specify

Address _____

City/State _____

Zip _____

Check enclosed payable to AMA.

Please charge my: VISA Optima
 American Express MasterCard

Card No. _____

Exp. Date _____

Signature _____

Daytime Phone _____

Mail to: Subscriber Services
American Medical Association
P.O. Box 10946
Chicago, IL 60610

*Personal rate applies only for payment made with a personal check or credit card; regular subscription rate is \$160. Add \$35 for personal subscriptions delivered outside the US (regular subscriptions outside the US add \$75). Washington, DC residents add 5.75% sales tax. Canada orders add 7% GST. Rates subject to change.

P6FA4

JAMA AIDS

Today's resource for HIV/AIDS patient care.

<http://www.ama-assn.org>**Time-Saver**

Go directly to the HIV/AIDS Information Center on the JAMA website to quickly find the clinical papers you need.

High-Quality Resources

Take advantage of user-friendly sections such as *Ethics Update*, *Journal Scan*, *Practice Guidelines*, *JAMA & Archives Libraries*, and *Newsline*.

Top Thought Leaders

Advisory panels made up of leading clinicians, researchers, and community advocates.

Patient Resources

Easily downloadable for distribution to your patients. You'll appreciate sections such as *Information for Patients*, *Patient Support Groups*, and *Glossary*.

The JAMA HIV/AIDS Information Center is made possible by an unrestricted educational grant from the Care Management Division of Glaxo Wellcome Inc. It is produced by the staff of the *Journal of the American Medical Association* under the direction of an editorial review panel of leading HIV/AIDS authorities.

SUPPORTED BY AN EDUCATIONAL GRANT FROM



GlaxoWellcome

Make informed decisions about the business of practice management

New!

New Practice Success! Series from the American Medical Association answers your questions about practice management in a non-technical easy-to-read format. Price \$44.95

Personnel Management in the Medical Practice

Successful personnel management. Order # OP700995WV

Financial Management of the Medical Practice

Successful budgeting, forecasting, and cost accounting. Order # OP701195WV

Managing Managed Care in the Medical Practice

Success and survival in managed care. Order # OP701095WV

Managing the Medical Practice

Sensible systems and guidelines for successful practice administration.
Order # OP701295WV

Starting a Medical Practice

Successful practice start-up. Published July 1996. Order # OP315296WV

Assessing the Value of the Medical Practice

Measuring and maximizing practice value. Published July 1996.
Order # OP315196WV

Buying, Selling and Owning the Medical Practice

Guide to practice ownership options. Published July 1996.
Order # OP315396WV

Integration Strategies for the Medical Practice

Guide to navigating integration mechanisms and options.
Published July 1996. Order # OP315096WV

800 621-8335

Priority Code WV

Visa, MasterCard, Optima or American Express accepted.

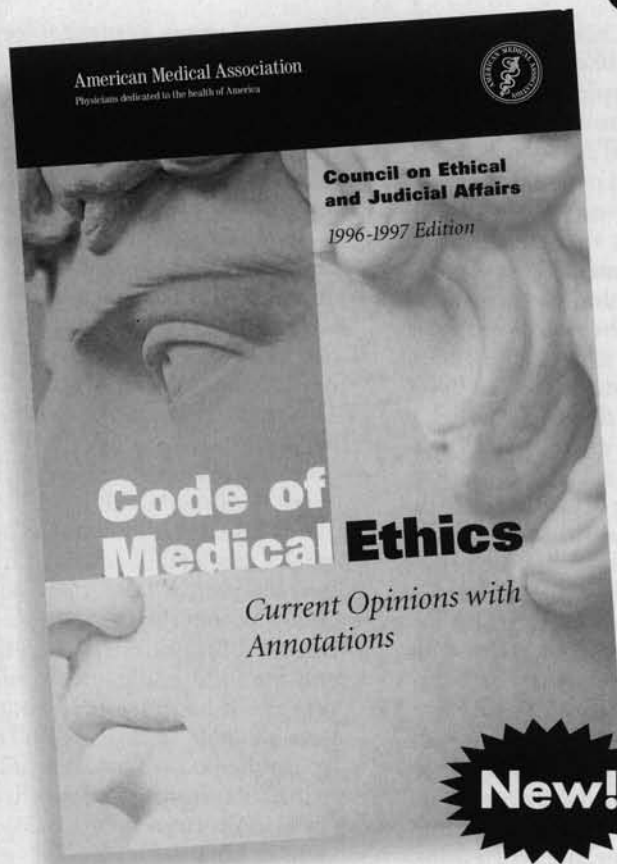
American Medical Association

Physicians dedicated to the health of America



Classic Principles.

Current Visions.



The most current thinking.

Enriched with the most current thinking and interpretations of the AMA's Council on Ethical and Judicial Affairs — more than 135 clearly written opinions on specific issues. Complete with concise references to recent court decisions and journal articles.

The *Code of Medical Ethics, Current Opinions with Annotations* will inform your decision making and strengthen your ability to apply established ethical principles to your daily medical practice. Published July 1996.

The authoritative source.

The new 1996–1997 edition of the *Code of Medical Ethics, Current Opinions with Annotations* brings new life to the enduring tradition of ethical medical practice. Published by the American Medical Association (AMA), it offers you authoritative guidance for facing today's toughest issues with confidence.

Order your copy today. 800 621-8335.

Visa, MasterCard, American Express/Optima accepted.

State sales taxes and shipping/handling charges apply.

Order #OP632396ZS

AMA member price: \$19.95

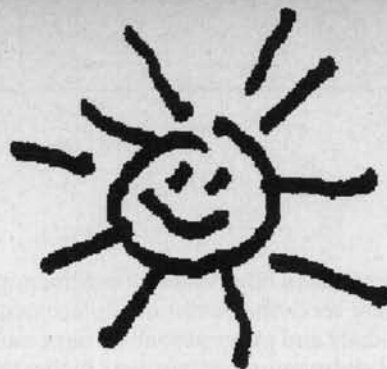
Nonmember price: \$34.95

American Medical Association

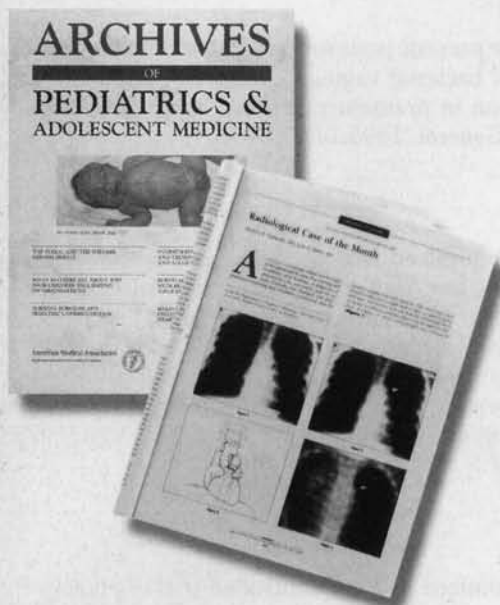
Physicians dedicated to the health of America



Archives of Pediatrics & Adolescent Medicine is your best source for clinically relevant, academically sound information. The Archives brings you the latest science pertinent to everyday practice, with editorial content that covers the entire spectrum of pediatrics — from infancy all the way through young adulthood.



Keep up with your growing concerns!



Edited by Catherine D. DeAngelis, MD, MPH, of Johns Hopkins University, the *Archives* is an essential tool for learning and for practice. The journal's format helps you get the information you need quickly, while its peer-reviewed articles allow you to draw your own conclusions. Editorials and the Pediatric Forum offer diverse, informative perspectives in the care of children and adolescents. And with the Radiological Case, the Pathological Case, and the Picture of the Month, you have the editor's promise that you'll learn at least three valuable things in every issue of the *Archives*.

Clinically focused. Current. Lively. Accessible. See for yourself the value that the *Archives* holds for anyone who provides health care to children and adolescents.

American Medical Association
Physicians dedicated to the health of America



Subscribe today

Yes! Please enter my one-year subscription to Archives of Pediatrics & Adolescent Medicine.

Personal rate*: \$105 (\$140/£95 outside US) Institution rate: \$140 (\$175/£120 outside US)

Name (Please Print) _____

MD/DO Other _____ (Please Specify)

Address _____

City _____

State _____ Zip/Postal Code _____

Country _____

Phone _____ Fax _____

Check enclosed payable to AMA.

Visa MasterCard American Express Optima

Card No. _____ Exp. Date _____

Signature _____

Mail to: AMA, Subscriber Service Dept.,
PO Box 10946, Chicago, IL 60610, USA

Phone: 800-AMA-2350 / 312-670-7827 Fax: 312-464-5831

E-mail: ama-subs@web.ama-assn.org

*Personal rate does not apply for payment made through an institution. Washington, DC residents add 5.75% sales tax. Canada residents add 7% GST to airmail rate. Rates subject to change.

CIPRO®
(ciprofloxacin hydrochloride)
TABLETS

BRIEF SUMMARY
CONSULT PACKAGE INSERT FOR FULL PRESCRIBING
INFORMATION

PZ50001BS 2/95

INDICATIONS AND USAGE

Cipro® is indicated for the treatment of infections caused by susceptible strains of the designated microorganisms in the conditions listed below. Please see DOSAGE AND ADMINISTRATION for specific recommendations.

Lower Respiratory Infections caused by *Escherichia coli*, *Klebsiella pneumoniae*, *Enterobacter cloacae*, *Proteus mirabilis*, *Pseudomonas aeruginosa*, *Haemophilus influenzae*, *Haemophilus parainfluenzae*, or *Streptococcus pneumoniae*.

Skin and Skin Structure Infections caused by *Escherichia coli*, *Klebsiella pneumoniae*, *Enterobacter cloacae*, *Proteus mirabilis*, *Proteus vulgaris*, *Providencia stuartii*, *Morganella morganii*, *Citrobacter freundii*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Staphylococcus epidermidis*, or *Streptococcus pyogenes*.

Bone and Joint Infections caused by *Enterobacter cloacae*, *Serratia marcescens*, or *Pseudomonas aeruginosa*.

Urinary Tract Infections caused by *Escherichia coli*, *Klebsiella pneumoniae*, *Enterobacter cloacae*, *Serratia marcescens*, *Proteus mirabilis*, *Providencia rettgeri*, *Morganella morganii*, *Citrobacter diversus*, *Citrobacter freundii*, *Pseudomonas aeruginosa*, *Staphylococcus epidermidis*, or *Enterococcus faecalis*.

Typhoid Fever (Enteric Fever) caused by *Salmonella typhi*. NOTE: The efficacy of ciprofloxacin in the eradication of the chronic typhoid carrier state has not been demonstrated.

Sexually Transmitted Diseases (See WARNINGS.)

Uncomplicated cervical and urethral gonorrhea due to *Neisseria gonorrhoeae*.

Infectious Diarrhea caused by *Escherichia coli* (enterotoxigenic strains), *Campylobacter jejuni*, *Shigella flexneri** or *Shigella sonnei** when antibacterial therapy is indicated.

*Although treatment of infections due to this organism in this organ system demonstrated a clinically significant outcome, efficacy was studied in fewer than 10 patients.

If anaerobic organisms are suspected of contributing to the infection, appropriate therapy should be administered.

Appropriate culture and susceptibility tests should be performed before treatment in order to isolate and identify organisms causing infection and to determine their susceptibility to ciprofloxacin. Therapy with Cipro® may be initiated before results of these tests are known; once results become available appropriate therapy should be continued. As with other drugs, some strains of *Pseudomonas aeruginosa* may develop resistance fairly rapidly during treatment with ciprofloxacin. Culture and susceptibility testing performed periodically during therapy will provide information not only on the therapeutic effect of the antimicrobial agent but also on the possible emergence of bacterial resistance.

CONTRAINDICATIONS

Cipro® (ciprofloxacin hydrochloride) is contraindicated in persons with a history of hypersensitivity to ciprofloxacin or any member of the quinolone class of antimicrobial agents.

WARNINGS

THE SAFETY AND EFFECTIVENESS OF CIPROFLOXACIN IN CHILDREN, ADOLESCENTS (LESS THAN 18 YEARS OF AGE), PREGNANT WOMEN, AND LACTATING WOMEN HAVE NOT BEEN ESTABLISHED. (SEE PRECAUTIONS-PEDIATRIC USE, PREGNANCY AND NURSING MOTHERS SUBSECTIONS.) The oral administration of ciprofloxacin caused lameness in immature dogs. Histopathological examination of the weight-bearing joints of these dogs revealed permanent lesions of the cartilage. Related quinolone-class drugs also produce erosions of cartilage of weight-bearing joints and other signs of arthropathy in immature animals of various species. (See ANIMAL PHARMACOLOGY.)

Convulsions have been reported in patients receiving ciprofloxacin. Convulsions, increased intracranial pressure, and toxic psychosis have been reported in patients receiving drugs in this class. Quinolones may also cause central nervous system (CNS) stimulation which may lead to tremors, restlessness, lightheadedness, confusion and hallucinations. If these reactions occur in patients receiving ciprofloxacin, the drug should be discontinued and appropriate measures instituted. As with all quinolones, ciprofloxacin should be used with caution in patients with known or suspected CNS disorders, such as severe cerebral arteriosclerosis, epilepsy, and other factors that predispose to seizures. (See ADVERSE REACTIONS.) **SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN AND THEOPHYLLINE.** These reactions have included cardiac arrest, seizure, status epilepticus and respiratory failure. Although similar serious adverse events have been reported in patients receiving theophylline alone, the possibility that these reactions may be potentiated by ciprofloxacin cannot be eliminated. If concomitant use cannot be avoided, serum levels of theophylline should be monitored and dosage adjustments made as appropriate.

Ciprofloxacin has not been shown to be effective in the treatment of syphilis. Antimicrobial agents used in high dose for short periods of time to treat gonorrhea may mask or delay the symptoms of incubating syphilis. All patients with gonorrhea should have a serologic test for syphilis at the time of diagnosis. Patients treated with ciprofloxacin should have a follow-up serologic test for syphilis after three months.

Serious and occasionally fatal hypersensitivity (anaphylactic) reactions, some following the first dose, have been reported in patients receiving quinolone therapy. Some reactions were accompanied by cardiovascular collapse, loss of consciousness, tingling, pharyngeal or facial edema, dyspnea, urticaria, and itching. Only a few patients had a history of hypersensitivity reactions. Serious anaphylactic reactions require immediate emergency treatment with epinephrine. Oxygen, intravenous steroids, and airway management, including intubation, should be administered as indicated. Severe hypersensitivity reactions characterized by rash, fever, eosinophilia, jaundice, and hepatic necrosis with fatal outcome have also been rarely reported in patients receiving ciprofloxacin along with other drugs. The possibility that these reactions were related to ciprofloxacin cannot be excluded. Ciprofloxacin should be discontinued at the first appearance of a skin rash or any other sign of hypersensitivity.

Pseudomembranous colitis has been reported with nearly all antibacterial agents, including ciprofloxacin, and may range in severity from mild to life-threatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of antibacterial agents.

Treatment with antibacterial agents alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by *Clostridium difficile* is one primary cause of "antibiotic-associated colitis". After the diagnosis of pseudomembranous colitis has been established, therapeutic measures should be initiated. Mild cases of pseudomembranous colitis usually respond to drug discontinuation alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation and treatment with an antibacterial drug clinically effective against *C. difficile* colitis.

PRECAUTIONS

General: Crystals of ciprofloxacin have been observed rarely in the urine of human subjects but more frequently in the urine of laboratory animals, which is usually alkaline. (See ANIMAL PHARMACOLOGY.) Crystalluria related to ciprofloxacin has been reported only rarely in humans because human urine is usually acidic. Alkalinity of the urine should be avoided in patients receiving ciprofloxacin. Patients should be well hydrated to prevent the formation of highly concentrated urine. Alteration of the dosage regimen is necessary for patients with impairment of renal function. (See DOSAGE AND ADMINISTRATION.)

Moderate to severe phototoxicity manifested by an exaggerated sunburn reaction has been observed in patients who are exposed to direct sunlight while receiving some members of the quinolone class of drugs. Excessive sunlight should be avoided. Therapy should be discontinued if phototoxicity occurs.

As with any potent drug, periodic assessment of organ system functions, including renal, hepatic, and hematopoietic function, is advisable during prolonged therapy.

Information for Patients: Patients should be advised that ciprofloxacin may be taken with or without meals. The preferred time of dosing is two hours after a meal. Patients should also be advised to drink fluids liberally and not take antacids containing magnesium, aluminum, or calcium, products containing iron, or multivitamins containing zinc. However, usual dietary intake of calcium has not been shown to alter the absorption of ciprofloxacin.

Patients should be advised that ciprofloxacin may be associated with hypersensitivity reactions, even following a single dose, and to discontinue the drug at the first sign of a skin rash or other allergic reaction.

Patients should be advised to avoid excessive sunlight or artificial ultraviolet light while receiving ciprofloxacin and to discontinue therapy if phototoxicity occurs.

Ciprofloxacin may cause dizziness and lightheadedness; therefore patients should know how they react to this drug before they operate an automobile or machinery or engage in activities requiring mental alertness or coordination.

Patients should be advised that ciprofloxacin may increase the effects of theophylline and caffeine. There is a possibility of caffeine accumulation when products containing caffeine are consumed while taking quinolones.

Drug Interactions: As with some other quinolones, concurrent administration of ciprofloxacin with theophylline may lead to elevated serum concentrations of theophylline and prolongation of its elimination half-life. This may result in increased risk of theophylline-related adverse reactions. (See WARNINGS.) If concomitant use cannot be avoided, serum levels of theophylline should be monitored and dosage adjustments made as appropriate.

In rare instances, some quinolones, including ciprofloxacin, have been reported to interact with phenytoin leading to altered levels of serum phenytoin concentrations.

The concomitant administration of some quinolones, including ciprofloxacin, with the sulfonylurea glyburide has on rare occasions resulted in severe hypoglycemia.

Some quinolones, including ciprofloxacin, have also been shown to interfere with the metabolism of caffeine. This may lead to reduced clearance of caffeine and a prolongation of its serum half-life.

Concurrent administration of ciprofloxacin with antacids containing magnesium, aluminum, or calcium; with sucralate or divalent and trivalent cations such as iron may substantially interfere with the absorption of ciprofloxacin, resulting in serum and urine levels considerably lower than desired. To a lesser extent this effect is demonstrated with zinc-containing multivitamins. (See DOSAGE AND ADMINISTRATION for concurrent administration of these agents with ciprofloxacin.)

Some quinolones, including ciprofloxacin, have been associated with transient elevations in serum creatinine in patients receiving cyclosporine concomitantly.

Quinolones have been reported to enhance the effects of the oral anticoagulant warfarin or its derivatives. When these products are administered concomitantly, prothrombin time or other suitable coagulation tests should be closely monitored.

Probenecid interferes with renal tubular secretion of ciprofloxacin and produces an increase in the level of ciprofloxacin in the serum. This should be considered if patients are receiving both drugs concomitantly. As with other broad spectrum antimicrobial agents, prolonged use of ciprofloxacin may result in overgrowth of nonsusceptible organisms. Repeated evaluation of the patient's condition and microbial susceptibility testing is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Carcinogenesis, Mutagenesis, Impairment of Fertility: Eight *in vitro* mutagenicity tests have been conducted with ciprofloxacin and the test results are listed below:

- Salmonella/Microsome Test (Negative)
 - E. coli* DNA Repair Assay (Negative)
 - Mouse Lymphoma Cell Forward Mutation Assay (Positive)
 - Chinese Hamster V79 Cell HGPRT Test (Negative)
 - Syrian Hamster Embryo Cell Transformation Assay (Negative)
 - Saccharomyces cerevisiae* Point Mutation Assay (Negative)
 - Saccharomyces cerevisiae* Mitotic Crossover and Gene Conversion Assay (Negative)
 - Rat Hepatocyte DNA Repair Assay (Positive)
- Thus 2 of the 8 tests were positive but results of the following 3 *in vivo* test systems gave negative results:
- Rat Hepatocyte DNA Repair Assay
 - Micronucleus Test (Mice)
 - Dominant Lethal Test (Mice)

Long term carcinogenicity studies in mice and rats have been completed. After daily oral dosing for up to 2 years, there is no evidence that ciprofloxacin had any carcinogenic or tumorigenic effects in these species. **Pregnancy: Teratogenic Effects. Pregnancy Category C.** Reproduction studies have been performed in rats and mice at doses up to 5 times the usual daily human dose and have revealed no evidence of impaired fertility or harm to the fetus due to ciprofloxacin. In rabbits, as with most antimicrobial agents, ciprofloxacin (30 and 100 mg/kg orally) produced gastrointestinal disturbances resulting in maternal weight loss and an increased incidence of abortion. No teratogenicity was observed at either dose. After intravenous administration, at doses up to 20 mg/kg, no maternal toxicity was produced, and no embryotoxicity or teratogenicity was observed. There are, however, no adequate and well-controlled studies in pregnant

women. Ciprofloxacin should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. (See WARNINGS.)

Nursing Mothers: Ciprofloxacin is excreted in human milk. Because of the potential for serious adverse reactions in infants nursing from mothers taking ciprofloxacin, a decision should be made either to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

Pediatric Use: Safety and effectiveness in children and adolescents less than 18 years of age have not been established. Ciprofloxacin causes arthropathy in juvenile animals. (See WARNINGS.)

ADVERSE REACTIONS

During clinical investigation, 2,799 patients received 2,868 courses of the drug. Adverse events that were considered likely to be drug related occurred in 7.3% of patients treated, possibly related in 9.2% (total of 16.5% thought to be possibly or probably related to drug therapy), and remotely related in 3.0%. Ciprofloxacin was discontinued because of an adverse event in 3.5% of patients treated, primarily involving the gastrointestinal system (1.5%), skin (0.6%), and central nervous system (0.4%). The most frequently reported events, drug related or not, were nausea (5.2%), diarrhea (2.3%), vomiting (2.0%), abdominal pain/dyscomfort (1.7%), headache (1.2%), restlessness (1.1%), and rash (1.1%). Additional events that occurred in less than 1% of ciprofloxacin treated patients are listed below.

CARDIOVASCULAR: palpitation, atrial flutter, ventricular ectopy, syncope, hypertension, angina pectoris, myocardial infarction, cardiopulmonary arrest, cerebral thrombosis

CENTRAL NERVOUS SYSTEM: dizziness, lightheadedness, insomnia, nightmares, hallucinations, manic reaction, irritability, tremor, ataxia, convulsive seizures, lethargy, drowsiness, weakness, malaise, anorexia, phobia, depersonalization, depression, paresthesia (See above.) (See PRECAUTIONS.)

GASTROINTESTINAL: painful oral mucosa, oral candidiasis, dysphagia, intestinal perforation, gastrointestinal bleeding (See above.) Cholestatic jaundice has been reported.

MUSCULOSKELETAL: joint or back pain, joint stiffness, achiness, neck or chest pain, flare up of gout

RENAL/UROGENITAL: interstitial nephritis, nephritis, renal failure, polyuria, urinary retention, urethral bleeding, vaginitis, acidosis

RESPIRATORY: dyspnea, epistaxis, laryngeal or pulmonary edema, hiccough, hemoptysis, bronchospasm, pulmonary embolism

SKIN/HYPERSENSITIVITY: pruritus, urticaria, photosensitivity, flushing, fever, chills, angioedema, edema of the face, neck, lips, conjunctivae or hands, cutaneous candidiasis, hyperpigmentation, erythema nodosum (See above.)

Allergic reactions ranging from urticaria to anaphylactic reactions have been reported. (See WARNINGS.)

SPECIAL SENSES: blurred vision, disturbed vision (change in color perception, overbrightness of lights), decreased visual acuity, diplopia, eye pain, tinnitus, hearing loss, bad taste

Most of the adverse events reported were described as only mild or moderate in severity, abated soon after the drug was discontinued, and required no treatment.

In several instances nausea, vomiting, tremor, irritability or palpitation were judged by investigators to be related to elevated serum levels of theophylline possibly as a result of drug interaction with ciprofloxacin. In domestic clinical trials involving 214 patients receiving a single 250 mg oral dose, approximately 5% of patients reported adverse experiences without reference to drug relationship. The most common adverse experiences were vaginitis (2%), headache (1%), and vaginal pruritus (1%). Additional reactions, occurring in 0.3%-1% of patients, were abdominal discomfort, lymphadenopathy, foot pain, dizziness, and breast pain. Less than 20% of these patients had laboratory values obtained, and these results were generally consistent with the pattern noted for multi-dose therapy.

Post-Marketing Adverse Events: Additional adverse events, regardless of relationship to drug, reported from worldwide marketing experience with quinolones, including ciprofloxacin, are anaphylactic reactions, erythema multiforme/Stevens-Johnson syndrome, exfoliative dermatitis, toxic epidermal necrolysis, vasculitis, jaundice, hepatic necrosis, toxic psychosis, postural hypotension, possible exacerbation of myasthenia gravis, anisometropia, confusion, dysphasia, nystagmus, pancreatitis, dyspepsia, flatulence, constipation, myalgia, tendinitis/rupture and pseudomembranous colitis. The onset of pseudomembranous colitis symptoms may occur during or after antimicrobial treatment. Also reported were hemolytic anemia; agranulocytosis; elevation of serum triglycerides, serum cholesterol, blood glucose, serum potassium; prolongation of prothrombin time; albuminuria; candiduria; vaginal candidiasis; renal calculi; and change in serum phenytoin. (See PRECAUTIONS.)

Adverse Laboratory Changes: Changes in laboratory parameters listed as adverse events without regard to drug relationship:

- Hepatic**
 - Elevations of ALT (SGPT) (1.9%),
 - AST (SGOT) (1.7%), alkaline phosphatase (0.8%),
 - LDH (0.4%), serum bilirubin (0.3%).
 - Hematologic**
 - Eosinophilia (0.6%), leukopenia (0.4%),
 - decreased blood platelets (0.1%),
 - elevated blood platelets (0.1%), pancytopenia (0.1%).
 - Renal**
 - Elevations of: Serum creatinine (1.1%), BUN (0.9%).
- CRYSTALLURIA, CYLINDRURIA AND HEMATURIA HAVE BEEN REPORTED.

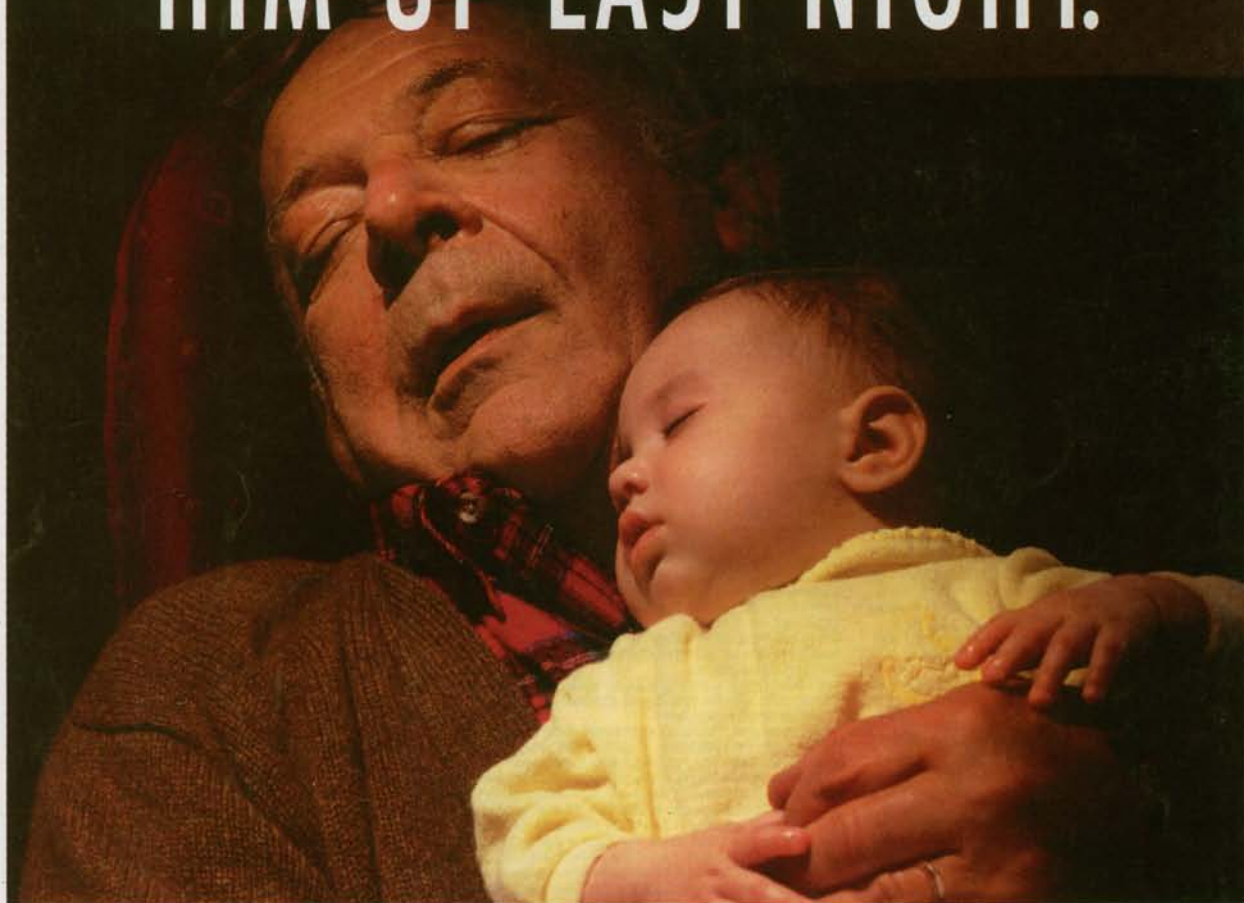
Other changes occurring in less than 0.1% of patients treated were: Elevation of serum gammaglutamyl transferase, elevation of serum amylase, reduction in blood glucose, elevated uric acid, decrease in hemoglobin, anemia, bleeding diathesis, increase in blood monocytes, leukocytosis.

For further information, contact the Bayer Information Service: 1-800-642-4776. In VA, call collect: 703-391-7888.



Bayer Corporation
Pharmaceutical Division
400 Morgan Lane
West Haven, CT 06516 USA

RALPH'S UTI DIDN'T KEEP HIM UP LAST NIGHT.



(His granddaughter did.)

For a while, the urgency of a UTI secondary to benign prostatic hyperplasia was keeping Ralph awake nights.

Thanks to Cipro[®], with 97% clinical efficacy in UTIs, he's sleeping well again. That is, for as long as his granddaughter allows.

Cipro[®]
(ciprofloxacin HCl) Tablets
250 mg 500 mg

Cipro Tablets are indicated for mild/moderate/severe/complicated UTIs caused by *Escherichia coli*, *Klebsiella pneumoniae*, *Enterobacter cloacae*, *Serratia marcescens*, *Proteus mirabilis*, *Providencia rettgeri*, *Morganella morganii*, *Citrobacter diversus*,

Citrobacter freundii, *Pseudomonas aeruginosa*, *Staphylococcus epidermidis*, *Enterococcus faecalis*.

NOTE: SERIOUS AND FATAL REACTIONS HAVE BEEN REPORTED IN PATIENTS RECEIVING CONCURRENT ADMINISTRATION OF CIPROFLOXACIN AND THEOPHYLLINE. If

concomitant use cannot be avoided, serum levels of theophylline should be monitored and dosage adjustments made as appropriate.

Most frequently reported adverse events (>1%): nausea; diarrhea; vomiting; abdominal pain/discomfort; headache; rash; restlessness.

Please see brief summary of prescribing information on adjacent page.

C04124 MIL-6922