



pharmacological perspectives from biology, chemistry and genomics

February 2009 Volume 9, Issue 1 www.molinterv.org

## **DEPARTMENTS**

## **4 Reflections**

The Dark Ages Illuminated Stata Norton

## **11 Nascent Transcripts**

Emerging concepts from the literature

## **12 Therapeutic Windows**

Visions of drug discovery

## **42 NetResults**

Sites of Interest on the World Wide Web

## 43 On Deck

Upcoming Meetings

## **46 Professional Opportunities**

Position Openings

## **48 Outliers**

mi cartoon



## **EDITOR**

Harry B. Smith

## ASSOCIATE EDITOR

## **DESIGN & LAYOUT**

Vizuäl, Inc.

## EDITORIAL ADVISORY BOARD

John S. Lazo, Chair, U Pittsburge Darrell R. Abernethy, NIH/NIA Susan Amara, *U Pittsburgh* Leslie Z. Benet, *UCSF* Joan Heller Brown, UCSD Bryan Cox, *Abbott*Raymond Dingledine, *Emory U*Sue Duckles, *UC Irvine* Christopher Flores, J&J Kandy Hall, Emory U Ken Harden, U North Carolina John Hickman, Servier Robert S. Kass, Columbia U Serrine S. Lau, U Arizona Benedict Lucchesi, U Michigan Kenneth P. Minneman, Emory U Perry Molinoff, U Pennsylvania Richard R. Neubig, U Michigan Stefan Offermanns, U Heidelberg Carlo Patrono, *U Rome* Dan Roden, *Vanderbilt* David Roman, *U Iowa* Alan Sartorelli, Yale U Darryle D. Schoepp, *Merck* Boris Tabakoff, *U Colorado* Palmer Taylor, *UCSD* Pallier laylof, USSD Ted Torphy, Johnson&Johnson Roger Tsien, UCSD Michael R. Vasko, U Indiana Mary Vore, U Kentucky Richard M. Weinshilboum, Mayo

**BOARD OF PUBLICATIONS TRUSTEES**James E. Barrett, Chair
P. Jeffrey Conn Ross Feldman Lorraine Gudas Eric F. Johnson John S. Lazo Edward T. Morgan Richard R. Neubig Rick G. Schnellmann Darryle D. Schoepp Mary Vore

## EXECUTIVE OFFICER Christine K. Carrico

## JOURNALS DIRECTOR

Richard Dodenhoff

Molecular Interventions (ISSN 1534-0384) is published by the American Scienty for Pharmacology and Experimental Therapeutics, 9650 Rockville Pike, Bethesda, MD 20814-3995. Published bimonthly in February, April, June, August, October, and December. Annual subscription rates: U.S.: \$240 for institutions: and \$78 for individuals. Outside the U.S.: \$251 for institutions and \$99 for individuals. The subscription price to ASPET members (\$30) is included in membership dues. Single issue: \$44. Subscriptions include access to the online version of *M*/at molinterv.org (ISSN 1543-2548). Indexed or abstracted by Biochemistry & Biophysics Citation Index, EMBASE/Exceptal Medica, Index to Scientific Reviews, ISI Alerting Services, ISI Web of Science, PubMed/

Medline, and Science Citation Index-Expanded.

Advertising (FASEB AdNet): 301-634-7103; adnet@faseb.org.

Editorial: 301-634-7790; mi@aspet.org. Subscriptions: 301-634-7099; staff@dues.faseb.org. ASPET: 301-634-7099; info@aspet.org.

Statements and opinions contained in the articles of Molecular

Interventions are solely those of the individual authors and contributors and not of the American Society for Pharmacology and Experimental Therapeutics. The appearance of advertisements in Molecular Interventions is not a warranty, endorsement, or approval of the products or their safety. The American Society for Pharmacology and Experimental Therapeutics disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the articles or advertisements.

Molecular Interventions is copyrighted by the American Society for Pharmacology and Experimental Therapeutics. Photocopying of articles beyond that permitted by Sections 107 or 108 of the U.S. Copyright Law is allowed, provided that the \$20.00 per-copy fee is paid through the is allowed, provided that the \$2.000 per-copy ree is paid introlign me Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923. Classroom photocopying is permitted at no fee, provided that students are not charged more than the cost of duplication. This consent does not extend to other kinds of copying. Reproduction of any portion of an article for subsequent republication requires permission of the copyright owner. Write to ASPET Copyright Dept., 9650 Rockville Pike, Bethesda, MD 2004. MD 20814-3995

Postmaster: Send address changes to Molecular Interventions, ASPET, 9650 Rockville Pike, Bethesda, MD 20814-3995.



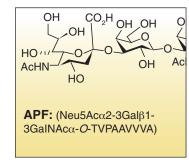
# malecular interventions

pharmacological perspectives from biology, chemistry and genomics

## **VIEWPOINTS**

## 14 A Sweet Tale: An Anticancer Lead from Diseased Bladders

Glycopeptides are a class of molecules that comprise two distinct families of biologically important scaffolds, peptides and oligosaccharides, each playing important roles in cellular communication and signaling. Rarely are small, endogenous secreted glycopeptides found that have significant impact on the progression of a specific disease state, but such is the case for the antiproliferative factor (APF) found in the urine

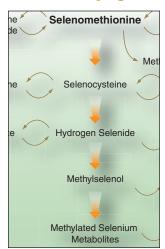


page 14 APF: Activity against tumor cells

and tissue of patients with the poorly understood bladder diseases collectively referred to as interstitial cystitis (IC). APF is a 9-mer peptide containing a sialylated *O*-linked trisaccharide glycan attached to the N-terminal threonine. APF dramatically inhibits normal bladder cell proliferation and is thought to cause some of the characteristic pathological changes in the bladder of IC patients. Importantly, APF also potently inhibits the growth of certain tumor cells. The details of the cellular receptors to which APF interacts, and the structural features that are critical for its potency are now beginning to unfold. This interesting molecule is a powerful model for the design of new treatments and diagnostic tests for IC, as well as an unprecedented lead agent for novel anticancer drug design.

Joseph J. Barchi, Jr. and Piotr Kaczmarek

## 18 Clarifying Selenium's Role in Prostate Health



page 18 Subtlety to selenium's effectiveness

The recently completed Selenium and Vitamin E Cancer Prevention Trial (SELECT) was one of the largest human cancer prevention trials ever undertaken. Its purpose was to assess the role of selenium and vitamin E in prostate cancer prevention, but SELECT found no decline in prostate cancer. Comparison of this study to other clinical trials involving selenium and to the results of animal studies suggests that the source of the selenium supplement, L-selenomethionine, and the relatively high initial levels of selenium in the enrolled men may have contributed to this outcome. Further analysis of the clinical and animal data highlights the need for mechanistic studies to better understand selenium biology in order to target dietary selenium to appropriate subsets of the human population: those individuals most likely to benefit from this micronutrient.

Dolph L. Hatfield and Vadim N. Gladyshev

## The Art of Mondrian and Therapeutic Windows: De Stijl!

Our cover is inspired by Piet Mondrian (1872–1944), who attempted to capture the dichotomous concepts of complexity and simplicity within each work of art. In this issue of MI, we also introduce a new department—Therapeutic Windows (pages 12–13)—that will explore examples of drug discovery and the development of therapeutics. Pharmacologists are very familiar with the exhilarating challenges that informed Mondrian's work. From the molecular to the integrative, pharmacological research thrives by bringing multiple perspectives to drug discovery and the design of novel therapeutics.

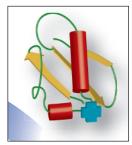






## **REVIEWS**

## 22 Of Ligands and LEGOs: Fragment-Based Drug Design



page 22 Drug tinkering

From home building and decor to mass production, modular design is a standard feature of the modern age. The concept also promises to define drug discovery efforts in the near future, as a wide range of methodologies, from NMR to X-ray crystallography, are being adapted to high-throughput platforms. In particular, "fragment-based ligand discovery" describes the laboratory-driven evolution of drugs from libraries of chemical building blocks. "Evolution" is an apt word for the process, as a wide array of methods are used to define how compound fragments can be best fit into the binding sites of medically relevant target biomolecules. A number of compounds that evolved from fragments have entered the clinic, and the approach is increasingly accepted as an additional route to identifying new hit compounds in pharmaceutical discovery and inhibitor design.

Marcus Fischer and Roderick E. Hubbard

### Cardioascular Health: What is it about the NSAIDs? 31

Aspirin has been a commercial drug for over a century, although for most of this history, an understanding of its mechanism of action, as an inhibitor of cyclooxygenase (COX) activity and thus of prostanoid synthesis, was lacking. Over the past fifty years, a large number of other nonsteroidal antiinflammatory drugs (NSAIDs) have been developed, and a much deeper understanding of

inflammation and prostanoid action has emerged. Indeed, a new class of selective inhibitors of the cyclooxygenase-2 isozyme was introduced, about ten years ago, and these so-called coxibs quickly became regarded as preferable, in certain clinical contexts, to avoid side effects associated with the use of aspirin and previously developed NSAIDs. This regard for coxibs has been challenged, sometimes infamously, as cardiovascular events associated with coxib use have become apparent. A variety of clinical trials have led to seemingly conflicting data concerning the roles of COX-1 and COX-2, and the implications of their relative inhibition, in cardiovascular health and disease. In this Review, the authors offer an assessment of drug pharmacokinetics and enzyme physiology that reconciles cardiovascular appraisals from a wide array of clinical data.



page 31 Aspirin and company

Carlo Patrono and Colin Baigent