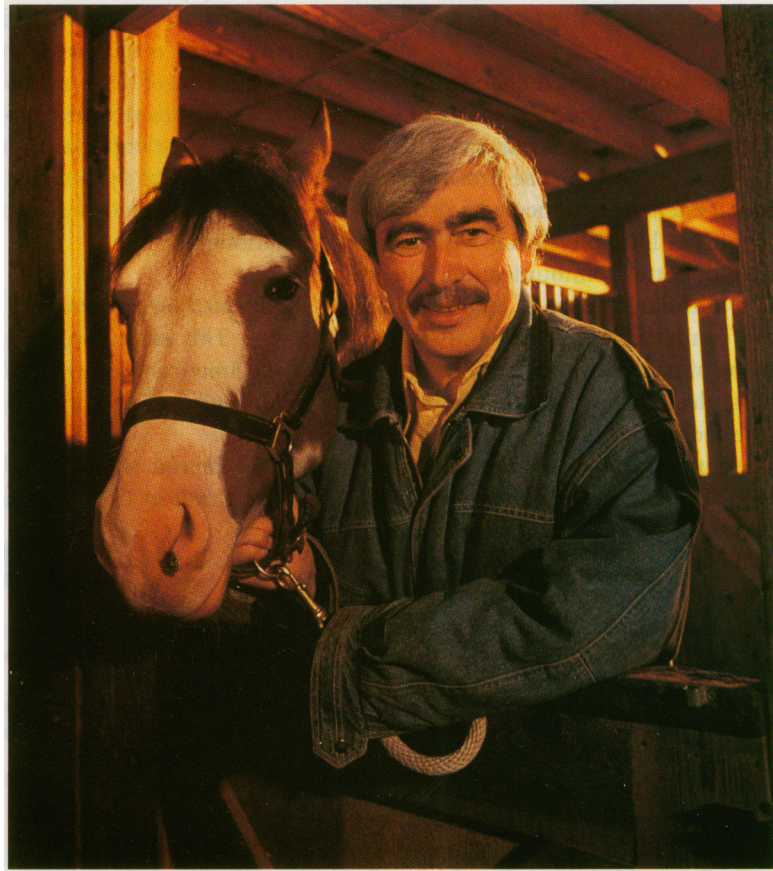


Kenneth Kessel, MD

*Dr Kessel and Rusty in
Countryside, Ill.*

*Photograph by Kevin
O. Mooney, Chicago, Ill.*

I'm a graduate of the University of Illinois Medical School in Chicago and have been training doctors since 1970 when I started the state's first family practice residency program at MacNeal Hospital in Berwyn. Today I'm director of geriatrics at LaGrange Memorial Hospital and also treat private patients in my office at home.

I love geriatrics because the people have done so much living. One of the treatment techniques we use involves "reminiscence therapy," in which patients recall their past. For example, one woman brought in clippings of her days as a concert pianist.

My responsibility is to ensure that other doctors do not treat older patients as if they were young. A single sleeping pill can cause delirium in a senior citi-

zen; a 45-minute MRI scan can be debilitating because the noise disorients the patient. One of my jobs is to protect the patient from the system.

Editor's Note

The ARCHIVES would like to have you in our "Family Album." Send your submissions c/o *Archives of Family Medicine*, 515 N State St, Chicago, IL 60610. We're interested in high-quality color slides of family physicians involved with their work, with their own families, and in other interesting settings. Be sure to include your name, address, and daytime telephone number.