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Clinical Pearl

Comparing patients undergoing knee lavage and those undergoing arthroscopy for osteoarthritis at 1 year, 58% of the lavage group had improved, compared with 44% of the arthroscopy group. Of note, patients with tears of the anterior two thirds of the medial meniscus or any lateral meniscus appeared to do better with arthroscopy. (*Arthritis Rheum.* 1993;36:289-296.)