

Self-assessment Quiz

Questions for November/December 1997

Concerns Regarding Universal Varicella Immunization (p 537)

- Q1. Varicella:
- A. Has an attack rate of about 70% for previously unexposed individuals.
 - B. Is increasingly complicated by β -hemolytic streptococcal bacteremia.
 - C. Is associated with about 3000 deaths annually in the United States.
 - D. Is associated with a fever for usually less than 4 days.
 - E. Is reactivated as shingles in the elderly.
- Q2. Varicella vaccine:
- A. Provides lifelong immunity.
 - B. Rarely causes symptomatic disease (such as a rash).
 - C. Initiates both a cell-mediated response and a humoral immune response.
 - D. Reduces costs primarily through reducing hospitalizations.
 - E. Can be kept at room temperature for several days.
- Q3. Varicella vaccine is recommended for:
- A. All previously unexposed or unimmunized children older than 12 months.
 - B. Patients with asymptomatic human immunodeficiency virus disease.
 - C. Patients with symptomatic human immunodeficiency virus disease.
 - D. Children receiving high-dose steroids.
 - E. All previously unexposed or nonimmunized pregnant women.

Do Physicians Do as They Say? The Case of Mammography (p 543)

- Q4. Screening mammography:
- A. Prevents breast cancer.
 - B. Can prevent about one fourth of breast cancer deaths.
 - C. Is recommended by the US Public Health Service Task Force starting at age 35 years for the average woman.
 - D. Is recommended by physicians to patients 90% of the time it is indicated.
 - E. Completion rates are accurately predicted by physicians.

Treatment of Chlamydia in Pregnancy (p 551)

- Q5. The antibiotic to use first for the most cost-effective regimen to treat chlamydia in pregnancy is:
- A. Amoxicillin.
 - B. Erythromycin.
 - C. Doxycycline.
 - D. Azithromycin.
 - E. Clindamycin.
- Q6. Chlamydia during pregnancy is associated with:
- A. No adverse risks to the pregnancy.
 - B. Placental abruption.
 - C. Congenital heart disease.
 - D. Premature rupture of membranes.
 - E. Preeclampsia.

The Effects of Insurance Coverage on the Quality of Prenatal Care (p 557)

- Q7. Which of the following is not recommended screening for prenatal patients?
- A. Hepatitis
 - B. Urine culture.
 - C. Dietary history.
 - D. Toxoplasmosis titer.
 - E. Fetal heart rate.

Can Case-Finding Instruments Be Used to Improve Physician Detection of Depression in Primary Care? (p 567)

- Q8. Major depression in family practice office patients:
- A. Is present in about 5% of patients.
 - B. Is identified by family physicians about 90% of the time.
 - C. Usually presents with complaints of feeling blue or sad.
 - D. Is associated with at least as much morbidity as many serious chronic illnesses.
 - E. Is diagnosed more accurately if the patient completes the Center for Epidemiologic Studies-Depression Scale (CES-D).

Strategies to Improve Follow-up for Abnormal Papanicolaou Smears: Practical Lessons for Primary Care Physicians (p 574)

Q9. Physicians can improve follow-up for abnormal Papanicolaou smears by:

- A. Sending a brief note through the mail suggesting follow-up after an abnormal Papanicolaou smear.
- B. Emphasizing the risk for cancer.
- C. Avoiding describing how colposcopy is performed.
- D. Describing common treatment options for cervical intraepithelial neoplasia.
- E. Telling patients that their symptoms are from the abnormal Papanicolaou smear.

Correction of Deficiencies in Flexible Fiberoptic Sigmoidoscope Cleaning and Disinfection Technique (p 578)

Q10. Which of the following is recommended for cleaning flexible fiberoptic sigmoidoscopes?

- A. Channels should be rinsed only with glutaraldehyde.
- B. Endoscopes should be stored vertically.
- C. The nonimmersable instruments are easier to clean well.
- D. Manual cleaning is not needed.
- E. Biopsy forceps should be cleaned with proteolytic enzyme solution.

Sabotaging One's Own Medical Care (p 583)

Q11. About what percentage of patients admitted to sabotaging their own medical care (other than through non-compliance or not seeking care when needed)?

- A. <1%.
- B. 4%.
- C. 7%.
- D. 10%.
- E. 13%.

Answers can be found on page 517.